

Question 1

Multiple choice (one answer)

An antiseptic and solvent used in perfumes, lotions and astringents, SD alcohol is a special denatured alcohol, also known as ethanol

- ☐ Allantoin
 - ☐ Alcohol
 - ☐ Toners
-

Question 2

Multiple choice (one answer)

The most popular botanical used in cosmetic formulation; emollient and film- forming gum resin with hydrating, softening, healing, antimicrobial and anti-inflammatory properties

- ☐ Calendula
 - ☐ Colorants
 - ☐ Aloe
-

Question 3

Multiple choice (one answer)

Substances such as glycerine that bind or hold products together

- ☐ Alum
 - ☐ Binders
 - ☐ Vehicles
-

Question 4

Multiple choice (one answer)

Water based emulsion for normal and combination skin

- ☐ Face Wash
 - ☐ Cleansing Lotion
 - ☐ Humectants
-

Question 5

Multiple choice (one answer)

Derived from minerals and phytomers, remineralize and revitalize the skin.

- ☐ Jojoba
 - ☐ Licorice
 - ☐ Algae
-

Question 6

Multiple choice (one answer)

Used in cold cream, hand lotion, hair lotion, aftershave and other skin soothing cosmetics because of its ability to help heal wounds and skin ulcers.

- ☐ Allantoin
 - ☐ Carrot Oil
 - ☐ Chamomille
-

Question 7

Multiple choice (one answer)

Liquid that helps remove excess oil on the skin

- ☐ Astringent
 - ☐ Freshner
 - ☐ Alcohol
-

Question 8

Multiple choice (one answer)

Chemical agent that dissolves dead skin cells

- ☐ Exfoliant
 - ☐ Retinoic Acid
 - ☐ Chemical Exfoliant
-

Question 9

Multiple choice (one answer)

Compound made of aluminum, potassium or ammonium sulfate with strong astringent action

- ☐ Propolyene Glycol
 - ☐ Liposomes
 - ☐ Alum
-

Question 10

Multiple choice (one answer)

A light yellow essential oil, Rich in vitamin A, it is also used as a coloring

- ☐ Carrot Oil
 - ☐ Urea
 - ☐ Chamomille
-

Question 11

Multiple choice (one answer)

Applied topically, they neutralize free radicals before they attach themselves to a cell membrane and destroy the cell. To prevent oxidation, they are also added to cosmetic formulation

- ☐ Ceramides
 - ☐ Sulfur
 - ☐ Antioxidents
-

Question 12

Multiple choice (one answer)

Lipid materials that are a natural part of the intercellular cement

- ☐ Ceramides
 - ☐ Packs
 - ☐ Moisturizers
-

Question 13

Multiple choice (one answer)

Plant extract with calming and soothing properties

- ☐ Chamomile
 - ☐ Licorice
 - ☐ Cucumber
-

Question 14

Multiple choice (one answer)

Oil based emulsion used to dissolve make up and dirt

- ☐ Cleansing Cream
 - ☐ Cold Cream
 - ☐ Serum
-

Question 15

Multiple choice (one answer)

Small, sealed vials containing a single application of highly concentrated extracts in a water or oil base

- ☐ Ampoules
 - ☐ Urea
 - ☐ Serums
-

Question 16

Multiple choice (one answer)

Drying ingredient with antibacterial properties commonly used for blemishes and acne

- ☐ Alcohol
 - ☐ Benzyl Peroxide
 - ☐ Witch Hazel
-

Question 17

Multiple choice (one answer)

Soaps and detergents that clean the skin, Alkalines and fatty acids of oils or soaps.

- ☐ Acids
 - ☐ Cleaners
 - ☐ Detergents
-

Question 18

Multiple choice (one answer)

Derived from the chamomile plant and characterized by its deep blue color; has anti inflammatory and soothing properties

- ☐ Essential Oils
 - ☐ Calendula
 - ☐ Azulene
-

Question 19

Multiple choice (one answer)

Anti inflammatory plant extract

- ☐ Jojoba
 - ☐ Clay
 - ☐ Calendula
-

Question 20

Multiple choice (one answer)

A mask which draws impurities to the surface of the skin as it dries and tightens

- ☐ Zinc Oxide
 - ☐ Clay Masks
 - ☐ Setting Mask
-

Question 21

Multiple choice (one answer)

Large, long chained molecular protein that lies on top of the skin and binds water, also helping to prevent water loss. Fibrous substance derived from the placenta of cows or other sources

- ☐ Collagen
 - ☐ Protein
 - ☐ Sorbital
-

Question 22

Multiple choice (one answer)

Usually come in the form of scrubs; water based products containing a humectant mixed with some sort of abrasive agent such as almond meal, or polyethylene granules

- ☐ Exfoliants
 - ☐ gommage
 - ☐ Exfoliation
-

Question 23

Multiple choice (one answer)

Substances such as chamomile or aloe that help to heal the skin

- ☐ Aloe
 - ☐ Carrot Oil
 - ☐ Healing Agents
-

Question 24

Multiple choice (one answer)

Oils derived from herbs, have many different properties and effects on the skin and psyche

- ☐ Echinacea Oil
 - ☐ Azulene
 - ☐ Essential Oils
-

Question 25

Multiple choice (one answer)

The peeling or sloughing of the outer layer of skin

- ☐ Exfoliants
 - ☐ Exfoliation
 - ☐ Peeling
-

Question 26

Multiple choice (one answer)

Substances such as vegetable, pigment, or mineral dyes that give product color

- ☐ Colorants
 - ☐ Herbs
 - ☐ Dyes
-

Question 27

Multiple choice (one answer)

Prevents infection and has healing properties. Used internally to support the immune system

- ☐ Echinacea
 - ☐ Azulene
 - ☐ Lipids
-

Question 28

Multiple choice (one answer)

These lie on the surface of the skin to prevent water loss; also fill in lines of dry and dehydrated skin; soften and soothe the skin

- ☐ Moisturizers
 - ☐ Emulsifiers
 - ☐ Emollients
-

Question 29

Multiple choice (one answer)

Powerful anti-oxident and soothing agent. Anti -bacterial, anti-inflammatory, and a stimulant. Helpful for couperose skin

- ☐ Glycerine
 - ☐ Grapeseed
 - ☐ Green Tea
-

Question 30

Multiple choice (one answer)

Detergent type foaming cleanser with a neutral or slightly acidic PH

- ☐ Foaming Agent
 - ☐ Cleanser
 - ☐ Facewash
-

Question 31

Multiple choice (one answer)

Powerful antioxidant with soothing properties

- ☐ Geranium
 - ☐ Grapeseed
 - ☐ Gommage
-

Question 32

Multiple choice (one answer)

Enzyme peel which is applied to the skin and dries in about seven minutes, It forms a hard crust and is then massaged off the skin

- ☐ Exfoliant
 - ☐ Gommage
 - ☐ Setting Masks
-

Question 33

Multiple choice (one answer)

These give products their scent

- ☐ Fragrances
 - ☐ Freshners
 - ☐ Essential Oils
-

Question 34

Multiple choice (one answer)

Formed by a decomposition of oils or fats; excellent skin softener and humectant; very strong water binder

- ☐ Herbs
 - ☐ Mineral Oil
 - ☐ Glycerine
-

Question 35

Multiple choice (one answer)

Skin freshening lotions. Antibacterial, anti-inflammatory, and a stimulant,.Helpful for couperous skin

- ☐ Toners
 - ☐ Witch Hazel
 - ☐ Freshners
-

Question 36

Multiple choice (one answer)

Cream or powder that produces a more even peeling of cell build up and helps to dilate follicle openings

- ☐ Acid Peel
 - ☐ Gommage
 - ☐ Enzyme Peel
-

Question 37

Multiple choice (one answer)

Along with plant extracts, contain phytohormones. Hundreds of different herbs are used in skin care products and cosmetics; they heal, stimulate, soothe, and moisturize

- ☐ Herbs
 - ☐ Oils
 - ☐ Antioxidents
-

Question 38

Multiple choice (one answer)

Extract containing bioflavonoids; also known as vitamin P. Helps to strengthen capillary walls; used for couperose areas or telangiectasia

- ☐ Kojic Acid
 - ☐ Phytomers
 - ☐ Horsechestnut
-

Question 39

Multiple choice (one answer)

Ingredients that attract water. They draw moisture to the skin and soften its surface, diminishing lines caused by dryness. Glycerin is one of these used in creams and lotions

- ☐ Humectants
 - ☐ Silicone
 - ☐ Lubricants
-

Question 40

Multiple choice (one answer)

Method of rubbing dead cells off the skin

- ☐ Peel
- ☐ Mechanical Exfoliation

☐ Chemical Exfoliation

Question 41

Multiple choice (one answer)

Ingredients such as herbs, vitamins, and oils combined with clay, seaweed, or hydrating bases that together tightens, tones, hydrates, and nourishes the skin

- ☐ Gel Mask
 - ☐ Clay Mask
 - ☐ Mask
-

Question 42

Multiple choice (one answer)

Coats the skin and reduces friction. Mineral oil is one of these

- ☐ Lubricants
 - ☐ Jojoba Oil
 - ☐ Glycerin
-

Question 43

Multiple choice (one answer)

Skin brightening agent

- ☐ Kojic Acid
 - ☐ Horsechestnut
 - ☐ Licorice
-

Question 44

Multiple choice (one answer)

Emollient with moisturizing properties and an emulsifier with high water absorption capabilities

- ☐ Glycerin
 - ☐ Lanolin
 - ☐ Licorice
-

Question 45

Multiple choice (one answer)

All purpose oil having many properties. Anti allergenic, anti inflammatory, antiseptic, antibacterial, balancing, energizing, soothing, healing and conversely stimulating

- ☐ Lavender Oil
 - ☐ Jojoba Oil
 - ☐ Rose Oil
-

Question 46

Multiple choice (one answer)

Hydrophilic agent with excellent water binding properties

- ☐ Hyaluronic Acid
 - ☐ Lipids
 - ☐ Calendula
-

Question 47

Multiple choice (one answer)

Lipids used for microencapsulation delivery systems; hollow spheres made of lipids that are used to transport other agents, such as antioxidants into the skin

- ☐ Lipids
 - ☐ Serums
 - ☐ Liposomes
-

Question 48

Multiple choice (one answer)

Oil widely used in cosmetics; extracted from the bean like seeds of the desert shrub. Used as a lubricant and non comedogenic emollient and moisturizer

- ☐ Jojoba Oil
 - ☐ Lavender Oil
 - ☐ Essential Oil
-

Question 49

Multiple choice (one answer)

Enzyme that helps speed up the breakdown of keratin

- ☐ Enzymes
 - ☐ Keratolytic Oil
 - ☐ Keratolytic Enzymes
-

Question 50

Multiple choice (one answer)

Component of a serum that helps a serum penetrate deeply into the skin

- ☐ Antioxidents
 - ☐ Oils
 - ☐ Lipids
-

Question 51

Multiple choice (one answer)

Anti irritant used for sensitive skin

- ☐ Licorice
 - ☐ Lavender
 - ☐ Ozone
-

Question 52

Multiple choice (one answer)

One of the most frequently used preservatives because of its low sensitizing potential Noncomedogenic

- ☐ Phermones
 - ☐ Benzene
 - ☐ Methyl Paraben
-

Question 53

Multiple choice (one answer)

Emollient, cleanser, and demulsifier of dirt trapped in pores

- ☐ Cold Cream
 - ☐ Mineral Oil
 - ☐ Jojoba Oil
-

Question 54

Multiple choice (one answer)

Thermal mask that produces a gradually increasing temperature

- ☐ Modelage Mask
 - ☐ Heated mask
 - ☐ Thermal Mask
-

Question 55

Multiple choice (one answer)

Products formulated to add moisture to the skin

- ☐ Moisturizers
 - ☐ Lipids
 - ☐ Creams
-

Question 56

Multiple choice (one answer)

Carbohydrate lipid complexes that are also good water binders

- ☐ Polymers
 - ☐ Mucopolysaccharides
 - ☐ Licorice
-

Question 57

Multiple choice (one answer)

Cream masks or gel masks that nourish rather than deep cleanse the skin

- ☐ Gels
 - ☐ Packs
 - ☐ Mud
-

Question 58

Multiple choice (one answer)

Credited with moisturizing ,astringent, tonic,and deodorant properties; found in the forms of extracts, oil, and water

- ☐ Orange
- ☐ Rose
- ☐ Lavender

Question 59

Multiple choice (one answer)

A vitamin A derivative. It has demonstrated an ability to alter collagen synthesis and is used to treat acne and visible signs of aging.

- ☐ Retinoic Acid
 - ☐ Vitamins
 - ☐ Retinol
-

Question 60

Multiple choice (one answer)

An all purpose preservative active against bacteria, molds, and yeast. It is probably the greatest formaldehyde releaser among cosmetic preservatives, causing dermatitis and allergies

- ☐ Paraben 7
 - ☐ Lipids
 - ☐ Quaternium 15
-

Question 61

Multiple choice (one answer)

A humectant often used in dry or sensitive skin moisturizers

- ☐ Glycol
 - ☐ Propylene Glycol
 - ☐ Benzene
-

Question 62

Multiple choice (one answer)

Chemical agents that inhibit the growth of microorganisms in cosmetic formulations. These kill bacteria and prevent products from spoiling

- ☐ Perservatives
 - ☐ Alcohol
 - ☐ Detergent
-

Question 63

Multiple choice (one answer)

One of the most commonly used groups of preservatives in the cosmetic, pharmaceutical and food industries; provide bacteriostatic and fungistatic activity against a diverse number of organisms and are considered safe for use in cosmetics

- ☐ Sulfur
 - ☐ Parabens
 - ☐ Ozone
-

Question 64

Multiple choice (one answer)

Mask used to warm the skin and promote product penetration of ingredients deeper into the skin through the heat trapped under the surface of the paraffin

- ☐ Paraffin Wax Mask
 - ☐ Gel Thermal Mask
 - ☐ Packs
-

Question 65

Multiple choice (one answer)

An occlusive agent that restores the barrier layer by holding in water. Used after laser surgery to protect the skin while healing

- ☐ Packs
 - ☐ Cold Cream
 - ☐ Petroleum Jelly
-

Question 66

Multiple choice (one answer)

A strong alkali used in soaps and creams

- ☐ Potassium Hydroxide
 - ☐ Papaya
 - ☐ Performance Ingredients
-

Question 67

Multiple choice (one answer)

Natural enzyme used in enzyme peels

- ☐ Papaya
 - ☐ Malic Acid
 - ☐ Bromelain
-

Question 68

Multiple choice (one answer)

A beta hydroxy acid with exfoliating and antiseptic properties; natural sources include sweet birch, willow bark, and wintergreen

- ☐ AHA's
 - ☐ Salicylic Acid
 - ☐ Peels
-

Question 69

Multiple choice (one answer)

Derivatives such as algae having many nourishing properties. Specifically, seaweed is known for its humectant and moisturizing properties, vitamin content, metabolism stimulation and detoxification and aiding skin firmness

- ☐ Serums
 - ☐ Seaweed
 - ☐ Algae
-

Question 70

Multiple choice (one answer)

Concentrated liquid ingredients for the skin designed to penetrate and treat various skin conditions

- ☐ Moisturizers
 - ☐ Serums
 - ☐ Hydrators
-

Question 71

Multiple choice (one answer)

An emollient that leaves a protective film on the surface of the skin

- ☐ Silicones
 - ☐ parabens
 - ☐ Dimethicone
-

Question 72

Multiple choice (one answer)

Baking soda; an inorganic salt used as a buffering agent and a PH adjuster. It is alkaline. Used in skin smoothing powders. It also serves as a neutralizer

- ☐ Sodium Acetate
 - ☐ Sodium Bicarbonate
 - ☐ Baking Powder
-

Question 73

Multiple choice (one answer)

Ceramides; or lipid material, that are a natural part of the intercellular cement. Glucosphingolipids and phospholipids are also natural lipids found in the barrier layer

- ☐ Sphingolipids
 - ☐ Ceramides
 - ☐ Beta Glucans
-

Question 74

Multiple choice (one answer)

Derived from olives; desensitizes and moisturizes; an emollient

- ☐ Rose Oil
 - ☐ Aloe
 - ☐ Squalane
-

Question 75

Multiple choice (one answer)

Substances, such as water or alcohol, that dissolve other ingredients

- ☐ Solvents
 - ☐ Solutes
 - ☐ Solutions
-

Question 76

Multiple choice (one answer)

Humectant that absorbs moisture from the air to prevent dryness

- ☐ Emollients
 - ☐ Sorbital
 - ☐ Essential Oils
-

Question 77

Multiple choice (one answer)

Obtained from shark liver oil; occurs in small amounts of olive oil, rice bran oil; also found in human sebum. Insoluble in water. A lubricant and perfume fixative

- ☐ Squalene
 - ☐ Squalane
 - ☐ Lipids
-

Question 78

Multiple choice (one answer)

Chemicals in cosmetic formulations that allow the cosmetic to slip across or onto the skin

- ☐ Surfactant
 - ☐ Solute
 - ☐ Sulfur
-

Question 79

Multiple choice (one answer)

Reduces oil gland activity and dissolves the skin's surface layer of dry, dead skin cells; commonly used in acne products

- ☐ Sulfur
 - ☐ Seaweed
 - ☐ Mud
-

Question 80

Multiple choice (one answer)

Soothing and antiseptic; antifungal properties. Used in many products

- ☐ Tea Tree
- ☐ Rose

☐ Wintergreen

Question 81

Multiple choice (one answer)

Non chemical ingredient that blocks the sun

- ☐ Sunscreen
 - ☐ Zinc Oxide
 - ☐ Titanium Dioxide
-

Question 82

Multiple choice (one answer)

Liquids that tones and tightens the skin

- ☐ Toners
 - ☐ Freshners
 - ☐ Antiseptic
-

Question 83

Multiple choice (one answer)

Used to protect, sooth, and heal the skin. Provides an excellent barrier to the skin and other irritants. Is somewhat astringent, antiseptic, and antibacterial

- ☐ Titanium Dioxide
 - ☐ SPF
 - ☐ Zinc Oxide
-

Question 84

Multiple choice (one answer)

Properties include enhancing the penetration abilities of other substances. Anti inflammatory, antiseptic, and deodorizing action allows it to protect the skins surface and help maintain healthy skin. Does not produce photo allergy, phototoxicity, or sensitivity

- ☐ Olive Oil
 - ☐ Urea
 - ☐ Squalane
-

Question 85

Multiple choice (one answer)

Spreading agents and other chemicals necessary to formulate a cosmetic.

- ☐ Vehicles
 - ☐ Emollients
 - ☐ Functional Ingredients
-

Question 86

Multiple choice (one answer)

Extracted from the bark of the hamamelis shrub; can be a soothing agent or in higher concentrations an astringent

- ☐ Alcohol
 - ☐ Benzyl Peroxide
 - ☐ Witch Hazel
-

Question 87

Multiple choice (one answer)

Liquid that is used after cleansing, just before moisturizing.

- ☐ Alcohol
- ☐ Astringent
- ☐ Tonic Lotion