Esthetics 2025 Group B June

Question 1

Multiple choice (one answer)

The assimilation of one body by another; the act of absorbing

- ○ Secretion
- ○ Absorption
- ○ Barrier Function

Question 2

Multiple choice (one answer)

A protective cushion that gives contour and smoothness to the body

- ○ Collagen
- ○ Adipose Tissue
- ○ Elastin

Question 3

Multiple choice (one answer)

Coiled structures attached to hair follicles found in the underarm and genital areas.

- ○ Apocrine Glands
- ○ Sudoriferous (sweat) glands
- ○ Secretion

Question 4

Multiple choice (one answer)

Lipid matrix that protects the skin’s surface

- ○ Barrier Function
- ○ Secretion
- ○ Sebum

Question 5

Multiple choice (one answer)

Protein fiber produced by fibroblasts which makes up 70% of the dermis

- ○ Collagen
- ○ Keratin
- ○ Elastin

Question 6

Multiple choice (one answer)

Live layer of connective tissue below the epidermis

- ○ Reticular layer
- ○ Papillae
- ○ Dermis

Question 7

Multiple choice (one answer)

Clear layer under the stratum corneum; only found on the palms and soles of feet

- ○ Reticular Layer
- ○ Stratum Lucidum
- ○ Stratum Germinativum

Question 8

Multiple choice (one answer)

Layer composed of cells resembling granules, which replace cells shed from the Stratum Corneum.

- ○ Papillary Laye
- ○ Stratum Granulosum
- ○ Papillae

Question 9

Multiple choice (one answer)

First layer of the epidermis above the papillary layer of the dermis, also known as the basal layer

- ○ Melanin
- ○ Stratum Corneum
- ○ Stratum Germinativum

Question 10

Multiple choice (one answer)

Outermost layer of the epidermis, which is what the esthetician is most concerned with.

- ○ Barrier Function
- ○ Keratin
- ○ Stratum Corneum

Question 11

Multiple choice (one answer)

A product manufactured by a gland for a special purpose. Secretions are produced between skin cells and from the sebaceous glands in the hair follicles

- ○ Sebum
- ○ Enzymes
- ○ Secretion

Question 12

Multiple choice (one answer)

Cells that produce pigment granules in the basal layer.

- ○ Melanin
- ○ Melanocytes
- ○ keratinocytes

Question 13

Multiple choice (one answer)

Provides protection from external factors for the epidermis and lubricates both skin and hair.

- ○ Excretion
- ○ Sebum
- ○ Sebaceous Glands

Question 14

Multiple choice (one answer)

The structures that assist in holding cells together

- ○ Enzymes
- ○ Elastin
- ○ Desmosomes

Question 15

Multiple choice (one answer)

Catalysts that break down complex food molecules to utilize extracted energy

- ○ Lymph Vessels
- ○ Secretion
- ○ Enzymes

Question 16

Multiple choice (one answer)

Secrete oil to keep skin soft and protected

- ○ Apocrine Glands
- ○ Sebaceous Glands
- ○ Papillae

Question 17

Multiple choice (one answer)

Small cone shaped structures at the bottom of hair follicles

- ○ Papillae
- ○ Sebum
- ○ Papillary Layer

Question 18

Multiple choice (one answer)

Topical vitamin A prescription cream used to treat acne

- ○ Melanin
- ○ Retin A
- ○ Keratin

Question 19

Multiple choice (one answer)

Sweat gland found all over the body, not attached to hair follicles, and without producing an offensive odor.

- ○ Eccrine Glands
- ○ Excretion
- ○ Sebaceous Glands

Question 20

Multiple choice (one answer)

Protein fiber found in the dermis

- ○ Elastin
- ○ Collagen
- ○ Keratin

Question 21

Multiple choice (one answer)

Study of the structure and composition of tissue

- ○ Histology
- ○ Epidermis
- ○ Physiology

Question 22

Multiple choice (one answer)

Connects the dermis to the epidermis

- ○ Dermis
- ○ Papillary Layer
- ○ Reticular Layer

Question 23

Multiple choice (one answer)

Study of the function of the skin.

- ○ Keratin
- ○ Physiology
- ○ Histology

Question 24

Multiple choice (one answer)

Spiny layer above the basal layer, not always listed as a separate layer

- ○ Stratum Corneum
- ○ Sebum
- ○ Stratum Spinosum

Question 25

Multiple choice (one answer)

Excretes perspiration and detoxifies the body by excreting excess salt and unwanted chemicals

- ○ Sudoriferous Glands
- ○ Melanin
- ○ Eccrine Glands

Question 26

Multiple choice (one answer)

The outermost layer of the skin; a thin, protective layer with many nerve endings

- ○ Epidermis
- ○ Keratin
- ○ Stratum Corneum

Question 27

Multiple choice (one answer)

That which is thrown off or eliminated from the body, such as sweat

- ○ Glands
- ○ Secretion
- ○ Excretion

Question 28

Multiple choice (one answer)

The deeper layer of the dermis, containing proteins that give the skin its strength and elasticity

- ○ Stratum Corneum
- ○ Reticular Layer
- ○ Papillae

Question 29

Multiple choice (one answer)

Defense mechanisms in the skin to protect it from the sun

- ○ Melanin
- ○ Melanocytes
- ○ Keratin

Question 30

Multiple choice (one answer)

Lipids which protect the cells from water loss and provide hydration

- ○ Sebum
- ○ Desmosomes
- ○ Intercelluar Cement

Question 31

Multiple choice (one answer)

The skin and its necessary organs, such as the oil, sweat, sensory receptors, hair, & nails

- ○ Keratin
- ○ Integumentary System
- ○ Epidermis

Question 32

Multiple choice (one answer)

Soft keratin which produce scale like cells on the stratum corneum

- ○ Sebum
- ○ Keratin
- ○ Keratinocytes

Question 33

Multiple choice (one answer)

Fiber protein that provides resiliency and protection to the skin

- ○ Elastin
- ○ Collagen
- ○ Keratin

Question 34

Multiple choice (one answer)

Located in the dermis, these supply nourishment within the skin

- ○ Lymph Vessels
- ○ Sebum
- ○ Papillae

Question 35

Multiple choice (one answer)

Small visible capillaries; often referred to as broken capillaries.

- ○ telangietasia
- ○ veins
- ○ red skin