

## BLUSH

### Precautions and Contraindications:

- Clients may have allergies to dyes in blush.
- Cream blush is not recommended for oilier skin types, but is good for dry skin.
- Powder blush can be used for any skin type.

### Pre-Procedure:

- Make sure cheek area has been primed with a primer, foundation or both.
- When using cream blush, do not use setting powder on cheek area prior to blush application.

### Procedure:

#### *Powder Blush*

- Scrape some product onto your palette.
- You can ask client to make a fish face.
- Start application on the apples of the cheeks.
- Blend color up and out with a blush brush.

#### *Cream Blush*

- Scrape some product onto your palette (you will only need a little).
- Using a brush made from emollient products, take a little of the product and blend it out onto the palette to create more of an even application.
- Take the side of your brush, dab into the color and apply it onto the apples of the cheeks.
- Blend color by blending brush up and out on the zygomatics (cheek bones).

### Post-Procedure:

- Loose powder can be used to set blush.
- Discard any disposable products.

### Maintenance and Infection Control:

- Store product in a cool, dry place
- Do not share products with other clients
- Discard any unused product every 6 months
- Refer to OSHA and your state board.

### Frequently Asked Questions:

*How do I know which type of blush is right for my skin?*

Cream blush tends to be more natural with a nice gleam. Powder blush has more pigment, little goes a long way.

*Where do I apply my blush?*

Usually start on the apples of the cheek. Blend outward in a circular motion.