Esthetics Skillbook

Facial Assessment (women)

Date _____

Name _____

Skin Analysis 1 (Magnifying Lamp)

Skin Type Normal ❑ Dry ❑ Oily ❑ Combination ❑

Skin Texture Thin ❑ Medium ❑ Thick ❑

Moisture Level Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑

Comfort Level Sensitive ❑ Hot ❑ Cold ❑

Skin Analysis 2 (Wood's Lamp)

Muscle Tone Good ❑ Fair ❑ Fallen ❑

Pigmentation Fitzpatrick I II III IV V IV

Rubin 1st 2nd 3rd

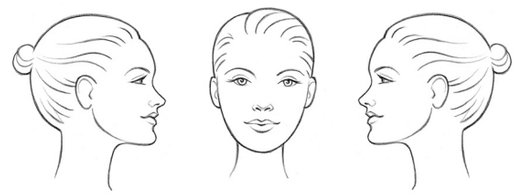
Hyperpigmentation ❑ Hypopigmentation ❑

Birthmarks ❑ Some Freckling ❑ Heavy Freckling ❑

Generalized Post Traumatic Dyschromis ❑ Albinism ❑

Melasma Grauiidarum ❑ Lichen Simplex Chronicus ❑

Vitiligo ❑ Hemochromatosis ❑ Lamellar Ichthyosis ❑



Lines Glogau I II III IV

Deep Wrinkles ❑ Superficial Lines ❑

Crow's Feet ❑ Expression Lines ❑

Overall Sensitivity Normal ❑ Hypersensitive ❑ Hyposensitive ❑

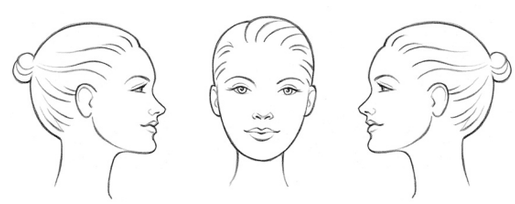
Nose Area Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑

Cheek Area Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑

Chin Area Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑

Forehead Area Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑

Entire face Lowest ❑ Low ❑ Medium ❑ High ❑ Highest ❑



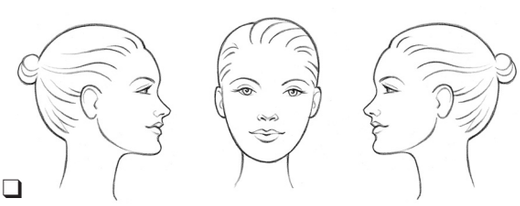
Acne Grades: I II III Location

Degrees of Burn: 1st 2nd 3rd

Other Conditions Lesions ❑ Open lesions ❑ Inflamed Erupted Skin ❑

Psoriasis ❑ Dermatitis ❑ Herpes Simplex ❑ Shingles ❑

Skin Cancer ❑ Sunburn ❑ Ezema ❑ Edema ❑



Procedure/Date Botox __/__ ❑ Collagen Injection __/__ ❑ Permanent M/U __/__ ❑ Laser __/__ ❑

Lesions Wood's Lamp and/or Dermascope

Macule ❑	Scale ❑	Plaque ❑	Spider Veins ❑
Vesicle ❑	Moles ❑	Fissure ❑	Telangiectasia ❑
Wheal ❑	Papule ❑	Haemangioma ❑	Comedone:
Crust ❑	Pustule ❑	Hypertrophy Scars ❑	Open ❑
Keloids ❑	Erythema ❑	Tumor ❑	Closed ❑
Lichenification ❑	Excoriation ❑	Cyst ❑	Other ❑
Patch ❑	Warts ❑	Milia ❑	_____
Bulla ❑	Nodule ❑	Fibroma ❑	_____

Other Disorders

Dehydrated Skin ❑	Atrophy ❑	Scar ❑	Adult Acne ❑
Hyperkeratinization ❑	Sun Damage ❑	Melonoma ❑	Ulcer ❑
Couperous Skin ❑	Keratosis/Keratoses ❑	Enlarged Pores ❑	Other ❑
Rosacea ❑	Sensitivities ❑	Seborrhea ❑	_____
Erosion ❑	Asphyxiated ❑	Irritation ❑	

©2012 University of Esthetics & Research, Inc. All Rights Reserved