

Summary

Mini Abdominoplasty

Why? This surgical procedure can be used if the elasticity and muscle weakness are in a limited area below the belly button. This procedure is smaller and so is the scar. The belly button usually not repositioned in this procedure. A tummy tuck is also an option for patients who were once obese and still have excess loose skin around the belly.

How does it relate to the skin? – The mini procedure takes care of excess skin and the bulging issues in the low abdomen area. This surgery flattens the abdomen by removing extra fat and skin, and tightening muscles in your abdominal wall.

Where does it typically occur? – The surgeon makes the incision above the pubic hair. The fascia is tightened. A flap is made and stretched over the incision. It is cut and sutured in place. How much of the skin needs to be cut off will determine the scar length. This procedure could take up to two hours.

What causes this? – This procedure is performed on patients who have a smaller amount of skin to be taken away. Men and women get this surgical procedure. Both are able to wear low cut underwear because the scar is lower on the abdomen. During the mini abdominoplasty procedure, the surgeon will most likely not move your belly button.