

Institute of Epidermal Cell Therapy Class Schedule
Esthetics Group 2019



Steps #1,2, & 3 complete 1st
Then continue with steps in order

Set Up for Day

1. Wash hands use hand sanitizer and glove hands. Use hand sanitizer again. 1. Check water at sink. Clean water container must be completely full. Dirty water containers must be empty.

2. Refill plastic jugs at sink in bathroom with tap water (Not Filtered Water)

3. Turn on hot towel cabinet on high (175), place cup of water in cabinet to warm up **Note: After complete set up set towel cabinet to 135'**

4. In bathroom drawer get out metal bowl. Spray metal bowl w/ Barbicide Set timer for 10 minutes or time with clock. After 10 minutes rinse bowl of disinfectant several times and put water in bowl "use filtered water." Place towels in bowl and soak. Roll towel by ringing water from it. (It should not be dripping). Place rolled towel on paper towels. Place in hot towel cabinet. **Make cold towels with distilled water (bowl)**
Place in refrigerator at station.

5. Fill Steamer with (distilled water) and turn on to warm up.

6. Make Bed for either mannequin or person.

7. Check steamer again. If not steaming leave on until steam begins. Watch closely while you continue to set up station. Turn off when steam begins. Do not leave steamer on once you warm it up.

8. Set up facial machine. Get implement box from drawer and place at station. You will be using implements and supplies you have stored in the implement box that you

8 (cont.) refilled from last workday. Remove electrodes from storage box and place in green drawer at your station. Wipe clip with disinfectant when facial is completed and during clean up time at end of service. Clean clip again at the end of work day

9. Begin set up of facial cap, 1 pair extra gloves, gauze, or paper towels, tweezers, goggles, all implements you've covered in class, etc. (top green drawer). Additions of implements and gauze will be added as you progress in the program.

10. Place soapy water in dirty implements in the gray plastic container on top of trolley.

11. Double check to be sure you have everything you need for the facial treatment. Remove Gloves, use Hand Sanitizer

12. Everything used for the facial is to be kept in green drawer until ready for use on client / mannequin