

Esthetics What it is Ingredient	Esthetics What is it used for Treatment/Service	Herbal Essential Oil – natural favoring	What is it used for Product	Cons/Risks
Abies	Moisturizer	derived from variety of pine trees	Protectant Toner for oily skin	Large intestinal hemorrhages
Arbutin				
Blackberry	Astringent	derived from berries, roots, and leaves	Cleansers Normal / oily skin.	None Found
Bilberry				
Comfrey	Cleansers, skin fresheners	derived from leaves and roots	Anti aging. Moisturizer	Toxic when taken orally
Caffeic Acid				
Dioscorea Villosa	Moisturizer	Derived from roots of Wild Yams	Oil to reduce redness	Pregnancy, and kidney function
Dogwood				
Egg Yolk				
Emu Oil				
Faba Bean Extract	Skin Conditioner	Derived from beans of plant	Conditions skin	Fever, headache
Ferulic Acid				
Geranium	Essential Oil anti	Distillation of	Astringent	Can cause illness when taken orally

Geranium cont.	inflammatory	stems and	oily skin	Seeds can cause sneezing
Ginger Extract				
Horse Chestnut	Antiseptic	leaves of plant,seeds of plant	Body Anti Cellulite Cream	Skin irritation when taken orally
Hazelnut Oil				
Ivy Extract	Cellulite & Anti Fungal	Extract of plant	Moisturizer for dry skin	Ingredient Safe as an ingredient
Irish Moss Extract				
Joboba Oil	Skin Lubricant	Extract from beanlike seeds	Moisturizer for fissures	Do not use on hypersensitive skin
Kokum Butter	Skin Lubricant	Extracted from fruit seeds	Sunburn Lotion	Toxic when eaten
Kojic Acid				
Lettuce Extract	Skin Lubricant/Skin protectant	Extract from various wild lettuce leaves	Oil for dry damaged skin	Use with care as with other oils
Licorice				

Medowfoam	Sunburn relief	Oil from plant	Moisturizer Masks, Eye Cream,	Low toxic effects, if at all
Mallow				
Nymphaea Alba (water lily)	Humectants / retains moisture	White water lily	Masks, Moisturizer Soap, Cosmetics	Moderate pore clogging
Nettle Extract				
Olive Oil	Skin conditioner/Soothes, brightener, regulates pH	Olives	Anti Aging, Masks, Eye Creams	
Oryza sativa oil				
Peach Kernel Oil	Antioxidant, Emollient	Oil from seeds	Exfoliate, Hydrating Anti Aging Moisturizer	Peach Pit ingested is poisonous
Palm Oil				
Quinoa Extract	Oil base in emollients	Plant leaves and flowers	Cleanser, Hydrator, Acne & Oily Skin,	May irritate intestines when eaten
Quercetin				

Rosemary Extract	Skin hydration Amino acid	Flower tops	Acne Cleansers, Toners,	High amounts ingested can be toxic
Red Clover				
Salvia Officinalis, (Sage)	Oil Control, Anti Inflammatory, Antiseptic,	Extract from whole plant	Acne Cleanser & Masks, Sun Damaged Mature Skin	Avoid during pregnancy
Salicin				
Tomato Seed Oil	Astringent, Skin Conditioner for Acne	Cold pressed seeds	Sun damaged skin Masks, Serums, Astringents	May cause skin irritation
Tocopherol				
Uva Ursi	Acne Skin conditioner, Anti-Oxidant, Anti Inflammatory,	Extract from plant	Helps w/Eczema, Sores, and Wounds Healing Hydrators	FDA claimed as not being effective for oral menstrual drugs
Urea				
Valerian	Astringent, natural skin lightener,	Extracted from the root of plant	Skin Protectant	May cause irritation, pregnant women

Valine				
White Lily	Anti inflammatory, antioxidant, protectants	Derived from bulbs and flowers of plant	Lotions, Creams, and Powder	None noted
Watermelon Fruit Extract				
Zinc Oxide	Astringent, Emollient, Soothing, Anti Inflammatory Skin Protectant, Sunscreen, Soaps, Lotions, Make Up	White Mineral Powder	Sunscreen. Masks	FDA Approved

