



Institute Epidermal Cell Therapy Signature Facial
Lesson - Practical Performance State Board Requirements- Manual & Mechanical Facial & Body Treatment

Master Esthetics Treatment Notes
Lesson - Practical Performance State Board Requirements- Manual & Mechanical Facial & Body Treatment

MASTERS ESTHETICS Treatment Notes

Patient: _____ Date: _____
Esthetician: _____

Patient: _____ Date: _____ Esthetician: _____

Services time _____ 60 min _____ 90 min _____ 120 min Series _____ of _____
_____ Facial _____ Body Treatment _____ Waxing _____ Other: _____

Pre-Treatment Notes: _____

Cleanser 1 _____
2 _____

Toner 1 _____
2 _____

Moisturizer 1 _____
2 _____

Exfoliation 1 _____
2 _____

Serums 1 _____
2 _____

Mask 1 _____
2 _____

Massage Therapist: _____
Massage cream _____
Massage oil _____

Eye Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Lip Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Hand Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Foot Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Ear Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Sun Protection _____



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Extractions _____ No _____ Yes Location _____
Equipment _____

Post-Treatment Notes: _____

Pre-Treatment Notes

(Information collected from Confidential Patient Information and Patient At Home Protocol).



Analysis:

Magnifying Lamp_____

Analyze client's skin to determine skin type

	Skin Type: Sebum level activity Scale	
☐	Sebacous Activity Present?	No/Yes
Low	Medium	High
	Location	

**Skin Type Classification
(For Retail)**

Normal Skin:
1. Appears to be functioning normally, is neither too dry nor oily.
2. Has some enlarged pores on the T-Zone, some blocked pores and very few comedones.
3. On the cheeks the pores are normal, no blocked pores and no comedones.
4. Usually free of blemishes that require extensive treatment.
5. Skin metabolism can be improved by stimulation through massage.
6. Regular care will assure that normal skin continues to function in a normal way.
7. The main objectives of the esthetician are to cleanse the skin of dead cells and remove impurities from the follicles.



1. Oily skin is a hereditary condition that develops due to overactive sebaceous glands.
2. This activity is controlled by the androgen hormone.
3. Oily skin can be recognized by its shiny, thick appearance.
4. Pores are enlarged, with many blocked pores and comedones.
5. Skin is sallow in appearance and is more prone to pimples and blemishes because of its over-lubrication with excessive oil, but less prone to wrinkles and fine lines.
6. The oil also helps keep moisture in the skin from evaporating.

Dry:
1. Skin appears tight, dull in color.
2. Dry skin develops as a result of sebaceous gland under activity.
3. Skin dryness though hereditary like the skin oiliness, also results from the aging process.
4. As all body activities slow down, oil gland activity slows as well. Dry skin tends to be dehydrated.
5. Dry skin is characterized as very fine, overly delicate and thin.
6. Pores are almost invisible.
7. The skin tends to wrinkle easily and is often filled with tiny superficial lines.
8. As the person advances in years, the body's cell renewal process slows down and the cells are not replaced as quickly as before.
9. Massage can be very effective in stimulating skin metabolism.

Combination:
1. This skin is characterized by two or more different conditions.
2. The T-zone, which consists of the frontalis, nasalis, and mentalis, is oily, but the rest of the face is normal or even dry.
3. The condition must be treated separately or with products especially formulated for combination skin.
4. Skin types are hereditary and are the result of the oil glands functioning.
5. Skin types can be classified into four categories: Normal, oily, dry, and in most cases a combination of skin types, such as an oily T-Zone and normal zygomatic arches.
6. The notion that one person's skin can be oily and dry is more confusing in concept than reality. For example, when people describe the skin as being oily and suddenly being dry, they are referring to an oily skin type that is losing moisture.
7. Moisture can be lost because of excessive use of astringents, soaps and scrubs in an attempt to reduce the amount of oil secretion.
8. While the skin is an oily type, this dryness should be considered a skin condition and is properly referred to as dehydration, or lack of moisture, rather than oil.

Precleanse Product _____
 Makeup Removal: _____
 1 _____



Skin Characteristic: Function

Visual/Elasticity Move the skin; touch it to see how it moves back. Good – 1 Poor – 2 Fair – 3 Bad - 4	Elasticity permits the body to move freely without danger of tearing or rupturing when we stretch or bend. This is due mainly to the network of elastin and collagen fibers found in the dermis. Elasticity gives the skin the flexibility to withstand any physical pressure that could puncture it or leave a portion of the body unprotected. Skin bounces back when lightly pinched; moisture level. Loss of elasticity.
Visual/Texture Rub Skin Is the skin slick? Thin/Medium/Thick	Skin has different degrees of thickness on different parts of the body. It is thin around the eyes and thick on the palms of the hands and soles of the feet. In general, a man's skin is thicker than a woman's. The skin has structural folds formed by movement and muscular contraction (i.e. wrinkles). The skin feels smooth because of hair growing on its surface. Is there new scarring? This allows determination of absorption of product or penetration. Signs of acne lesions or scars.
Temperature Control Extremes Use back of hand to determine differences in temperatures. Hot-Dilated Cold-Constrict	The skin controls the body's temperature by opening or closing its pores and regulating the secretion of sweat from its glands. Hot flashes cause bacteria to be more present; Antiseptic cleansers. If always cold: harder absorption; slower healing; products should lay on skin i.e. heavier. Pores are either dilated or constrict. When the pore or follicle openings are dilated this creates a pathway for bacteria and free radicals to get into the skin. This can cause different skin conditions.
Visual/Sensations Determining touch and facial movement of treatment Ask if sensitive to hot or cold.	The skin is the sensory organ with which we touch and feel the world. The nerves in the skin enable us to gather vital information about the environment for our survival in it. (Questions to ask); Is the client sensitive to hot or cold. What is the client's pain tolerance on a level of 1 – 10? Does the client experience sensitivity to smells?
Visual/Permeability Stretch skin to check for dehydration Ask is the skin slick?	The stratum corneum is a waterproof and water resistant barrier that does not allow harmful foreign bodies to penetrate. Keratin in the outer cells makes the skin impermeable. Texture of the stratum corneum; Thin, Medium, or Thick? Thicker, break it down (light exfoliation) smooth out to allow penetration. Ideal: medium texture. Thin: Only use hydration cream no exfoliation. If thin, build it up before treating using products formulated for sensitive skin. Laser or chemical scarring

Cleanser Product

Makeup Removal: _____

1. _____



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Wood's lamp

1.	<u>White Fluorescence</u> – Thick corneum layer	
	White Spots - Horny layer of the skin and dead skin cells	
	<u>Blue-White</u> - Normal and healthy skin.	
	<u>Fluorescence</u> – Thin skin without enough moisture (dehydrated).	
	<u>Light Violet</u> – Dehydrated skin	
	Bright Fluorescence – Hydrated Skin	
	<u>Yellow</u> - Oily areas of the face and comedone	
	<u>Pink</u> – Oily areas of the face and comedone	
	<u>Brown</u> – Pigmentation and dark spots	
	<u>Orange</u> - bacteria of the face and comedone	

Acne Grades

Type	Description	Treatment
Grade 1 Acne	Mild acne consisting of open and closed comedones scattered over less than half of the areas of the face or back.	Antibacterial cleanser and mild or enzyme solution with steam and perform extractions. Use light massage and a mud or clay mask.
Grade 2 Acne	Moderate acne that has an increased number of open and closed comedones as well as an occasional papule or pustule.	No massage recommended but Dr. Jacquet movements.
Grade 3 Acne	Moderately severe acne that is characterized by numerous open and closed comedones, papules, pustules, and occasional cysts. It is frequently red and inflamed. Some acne scarring can start especially with the cystic lesions or acne lesions that have been picked or excoriated.	Treat only under physician's care.
Grade 4 Acne	Severe acne consisting of numerous papules and pustules as well as a large number of cysts on the face, chest and/or back. Large cystic lesions leave deep scarring. The acne can occur over 50% or more of the face.	Treat only under physician's care.



Steamer Machine Settings:

Distance _____ Vapor _____ Aromatherapy _____
Ozone: On / Off

Review

Visual/Texture Rub Skin Is the skin slick? Thin/Medium/Thick	Skin has different degrees of thickness on different parts of the body. It is thin around the eyes and thick on the palms of the hands and soles of the feet. In general, a man's skin is thicker than a woman's. The skin has structural folds formed by movement and muscular contraction (i.e. wrinkles). The skin feels smooth because of hair growing on its surface. Is there new scarring? This allows determination of absorption of product or penetration. Signs of acne lesions or scars.
--	--

Cleanser 1 _____
2 _____

Visual/Sensations Determining touch and facial movement of treatment Ask if sensitive to hot or cold.	The skin is the sensory organ with which we touch and feel the world. The nerves in the skin enable us to gather vital information about the environment for our survival in it. (Questions to ask); Is the client sensitive to hot or cold. What is the client's pain tolerance on a level of 1 – 10? Does the client experience sensitivity to smells?
--	--

Skin Inflammation/ Response

Redness	Redness. Redness occurs because blood vessels dilate
Heat.	Heat. The increased blood flow also elevates the temperature in the area of injury
Swelling	Swelling. The injured area swells because histamine also makes capillaries more permeable, or leakier, than usual
Pain.	Pain. There are several causes for the pain in an inflamed area



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Exfoliation _____

Chemical Treatment Specifics:

Prep Solution: ☐ _____

Chemical Treatment:

Number of Coats	Minutes
_____ Enzyme Base	_____
_____ Herbal Base	_____
_____ Buttermilk	_____
_____	_____
_____	_____
_____	_____

Post Solution:

☐ _____

Neutralized with:

☐ Water _____
☐ Anti-inflammatory Gel ☐ Spring Water Mist
☐ Tap Water ☐ Creamy Cleanser
☐ Baking Soda



Pigmentation

Fitzpatrick Skin Typing Scale

Skin Type	Skin Color	Hair and Eye Color	Reaction to Sunlight	Common Ethnic Considerations	Notes
Type I	White	Blond hair and green eyes	Always burns, has freckles	English, Scottish	
Type II	White	Blond hair and green or blue eyes	Always burns, has freckles, difficult to tan	Northern European	
Type III	White	Blond or brown hair and blue or brown eyes	Tans after several burns, may freckle	German	
Type IV	Brown	Brown hair and brown eyes	Tans more than average, rarely burns, rarely freckles	Mediterranean, Southern European, Hispanic	
Type V	Dark brown	Brown or black hair and brown eyes	Tans with ease, rarely burns, has no freckles	Asian, Indian, some Africans	
Type VI	Black	Black hair and brown or black eyes	Tans, never burns, deeply pigmented, never has freckles	Africans	

Fitzpatrick I II III IV V

VI Rubin 1st 2nd 3rd

Hyperpigmentation ☐ Hypopigmentation ☐

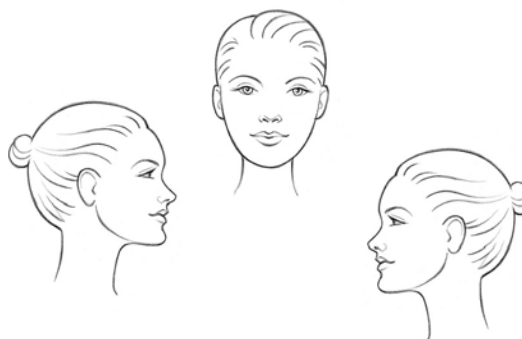
Birthmarks ☐ Some Freckling ☐ Heavy Freckling ☐

Generalized Post Traumatic Dyschromia ☐ Albinism ☐

Melasma Gravidarum ☐ Lichen Simplex Chronicus

☐ Vitiligo ☐ Hemochromatosis ☐ Lamellar

Ichthyosis ☐





Brush machine Settings:

Setting strength _____ **Lowest- 1 Highest-10** **Setting time** _____ **per minutes**
Solution _____



Large Goat Hair Small Goat Hair Foam Wheel Polisher Pumice

Electrode	Clockwise	Counterclockwise	Speed	Pressure
☐ Face _____ 1-10 _____ min	☐ Eyes _____ 1-10 _____ min			
☐ Hands _____ 1-10 _____ min	☐ Neck _____ 1-10 _____ min			
☐ Back _____ 1-10 _____ min	☐ Feet _____ 1-10 _____ min			
☐ Chest _____ 1-10 _____ min	☐ Arms _____ 1-10 _____ min			
☐ Legs _____ 1-10 _____ min	☐ Ears _____ 1-10 _____ min			
☐ Nose _____ 1-10 _____ min				



Burn Types

Burns	
Chemical	Exfoliation
Electrical	Equipment
Solar	Sun
Thermal	Heat

Degree of Burns

Burns Categories Measure in Depth, Appearance, Texture, Healing Complications

Degree of Burns			
1st Degree -	Superficial	Epidermis	
2nd Degree –	Partial Thickness	Epidermis/Dermis	
3rd Degree -	Full Thickness	Hypodermis	
4th Degree –	Deep Tissues	Bone & Muscle	

Growths Characteristics ABCDE Assessment for Skin growths

Growths	Appearance
☐ A - Asymmetry	Asymmetrical in shape, one half does not match the other half
☐ B - Border	Irregular and jagged edge creating uneven borders
☐ C - Color	Several tan and brown to black
☐ D - Diameter	Big size(> 6mm /size of a pencil eraser
☐ E- Evolving	Evolving in its color, size, or thickness



Spray Machine Settings: Distance

Solution:

- ☐ Face _____ 1-10 _____ min
- ☐ Hands _____ 1-10 _____ min
- ☐ Back _____ 1-10 _____ min
- ☐ Chest _____ 1-10 _____ min
- ☐ Legs _____ 1-10 _____ min
- ☐ Nose _____ 1-10 _____ min

Distilled Water

- ☐ Eyes _____ 1-10 _____ min
- ☐ Neck _____ 1-10 _____ min
- ☐ Feet _____ 1-10 _____ min
- ☐ Arms _____ 1-10 _____ min
- ☐ Ears _____ 1-10 _____ min



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Serums 1 _____
 2 _____

Application – Massage movements

- ☐ Petrissage
- ☐ Tapotement

High Frequency Settings:

Intensity _____

Solution _____



Indirect Electrode

Neon _____ Indirect _____ Sparking _____ Direct _____

- | | |
|---|--|
| ☐ Face _____ 1-10 _____ min | ☐ Eyes _____ 1-10 _____ min |
| ☐ Hands _____ 1-10 _____ min | ☐ Neck _____ 1-10 _____ min |
| ☐ Back _____ 1-10 _____ min | ☐ Feet _____ 1-10 _____ min |
| ☐ Chest _____ 1-10 _____ min | ☐ Arms _____ 1-10 _____ min |
| ☐ Legs _____ 1-10 _____ min | ☐ Ears _____ 1-10 _____ min |
| ☐ Nose _____ 1-10 _____ min | |



Analysis:

Magnifying Lamp

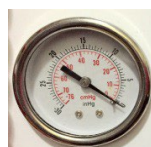
Analyze client's skin to determine
Lesions Assessment for Extraction

- ✓ Sebaceous filament
- ✓ Open Comedones- Blackheads
- ✓ Closed Comedones - Whiteheads

Vacuum 8 in 1 Settings



Vacuum Machine
Intensity _____



Gauge



Tube with glass electrode



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Glass Electrode



Lymph Drainage/ Wrinkle Cupping		Straight Cupping		Blackhead/ Comedone Cupping	
Lymph Drainage		Open follicles/ pores		Lifting	
☐ Face	_____cm/mm Hg	_____min	☐ Eyes	_____cm/mm Hg	_____min
☐ Hands	_____cc/mm Hg	_____min	☐ Neck	_____cm/mm Hg	_____min
☐ Back	_____cm/mm Hg	_____min	☐ Feet	_____cc/mm Hg	_____min
☐ Chest	_____cm/mm Hg	_____min	☐ Arms	_____cm/mm Hg	_____min

High Frequency Settings:

Intensity _____

Solution _____



Mushroom Electrode

Neon		Sparkling		Direct	
☐ Face	_____1-10	_____min	☐ Eyes	_____1-10	_____min
☐ Hands	_____1-10	_____min	☐ Neck	_____1-10	_____min
☐ Back	_____1-10	_____min	☐ Feet	_____1-10	_____min
☐ Chest	_____1-10	_____min	☐ Arms	_____1-10	_____min
☐ Legs	_____1-10	_____min	☐ Ears	_____1-10	_____min
☐ Nose	_____1-10	_____min			



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Massage Techniques

Skin Characteristic: Function

Visual/Elasticity Move the skin; touch it to see how it moves back. Good – 1 Poor – 2 Fair – 3 Bad - 4	Elasticity permits the body to move freely without danger of tearing or rupturing when we stretch or bend. This is due mainly to the network of elastin and collagen fibers found in the dermis. Elasticity gives the skin the flexibility to withstand any physical pressure that could puncture it or leave a portion of the body unprotected. Skin bounces back when lightly pinched; moisture level. Loss of elasticity.
Visual/Texture Rub Skin Is the skin slick? Thin/Medium/Thick	Skin has different degrees of thickness on different parts of the body. It is thin around the eyes and thick on the palms of the hands and soles of the feet. In general, a man's skin is thicker than a woman's. The skin has structural folds formed by movement and muscular contraction (i.e. wrinkles). The skin feels smooth because of hair growing on its surface. Is there new scarring? This allows determination of absorption of product or penetration. Signs of acne lesions or scars.

Serums 1 _____

Cream 2 _____

Application – Massage movements

- ☐ Petrissage
- ☐ Tapotment
- ☐ Friction
- ☐ Effleurage
- ☐ Vibration
- ☐

Serums 1 _____

Hand Massage

Cream 1 _____

Application – Massage movements

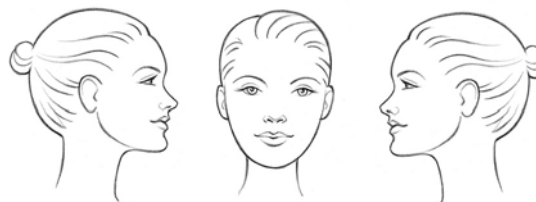
- ☐ Petrissage
- ☐ Tapotment
- ☐ Friction
- ☐ Effleurage
- ☐ Vibration
- ☐

Glogau I II III IV

Deep Wrinkles ☐ Superficial Lines ☐

Crow's Feet ☐ Expression Lines ☐

Normal ☐ Hypersensitive ☐ Hyposensitive ☐





Glogau: Wrinkles	
Glogau Level 0: Exfoliating Manual: Clarifying 1x per week Chemical: Lactic (ex: Lactic Acid) Enzymatic: Dissolve Dead Skin (In clarifying) Clarifying, Lactic (Ex: Lactic Acid)	
Glogau Level 1: Vitamin C 1x per week (chemical) Lactic Acid 2x per week Scrub 1x per week (manual)	
Glogau Level 2: Retinol 20 - Vitamin A- 1x per week (Allows deeper penetration)	
Glogau Level 3: (Reticular Layer) Retinol 50 or higher – 1x per week	
Glogau Level 4: (Reticular Layer) Retinol 100 – 1x per week (Need something to affect dermis)	

Acne Grades:

1st 2nd 3rd

Lesions ☐ Open lesions ☐ Inflamed Erupted Skin ☐
 Vesicle ☐ Wheal ☐ Crust ☐ Keloids ☐

Bulla ☐ Papule ☐ Pustule ☐ Erythema ☐ Excoriation ☐ Warts ☐ Nodule ☐

Plaque ☐ Fissure ☐ Hypertrophy Scars ☐ Tumor ☐ Cyst ☐ Milia ☐

Fibroma ☐ Macule ☐





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Master Esthetics Treatment Notes

Galvanic Settings:



Desincrustation: _____ Electrode _____ Intensity _____



Client Electrode



Ball Electrode



Disc Electrode Roller Electrode



- | | |
|---|--|
| ☐ Face _____ 1-10 _____ min | ☐ Eyes _____ 1-10 _____ min |
| ☐ Hands _____ 1-10 _____ min | ☐ Neck _____ 1-10 _____ min |
| ☐ Back _____ 1-10 _____ min | ☐ Feet _____ 1-10 _____ min |
| ☐ Chest _____ 1-10 _____ min | ☐ Arms _____ 1-10 _____ min |
| ☐ Legs _____ 1-10 _____ min | ☐ Ears _____ 1-10 _____ min |

Extractions _____ No _____ Yes
 Location _____

- | | |
|--|---|
| ☐ Face _____ min | ☐ Eyes _____ min |
| ☐ Hands _____ min | ☐ Neck _____ min |
| ☐ Back _____ min | ☐ Feet _____ min |
| ☐ Chest _____ min | ☐ Arms _____ min |
| ☐ Legs _____ min | ☐ Ears _____ min |
| ☐ Nose _____ min | |

Equipment Tools _____

Extraction Post-Treatment Notes:

High Frequency



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Settings: Intensity _
Solution _____

—

Serums 1 _____ 2



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Moisturizer 1 _____
2 _____



Indirect Electrode
Neon/Argon _____
Direct _____



Acne Sparking Electrode
Sparking _____



Spoon Electrode



Mushroom Electrode

- | | |
|---|--|
| ☐ Face _____1-10 _____min | ☐ Eyes _____1-10 _____min |
| ☐ Hands _____1-10 _____min | ☐ Neck _____1-10 _____min |
| ☐ Back _____1-10 _____min | ☐ Feet _____1-10 _____min |
| ☐ Chest _____1-10 _____min | ☐ Arms _____1-10 _____min |
| ☐ Legs _____1-10 _____min | ☐ Ears _____1-10 _____min |
| ☐ Nose _____1-10 _____min | |

Serums 1 _____

Moisturizer 1 _____
2 _____

Mask 1 ☐ Swd ☐ B&H ☐ Clr Cmplx ☐ C&C _____

Massage Therapist: _____

Massage cream _____

Massage oil _____

Eye Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Lip Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Hand Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Foot Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Ear Care _____ Exfoliate _____ Mask _____ Moisturizer _____

Sun Protection _____

Extractions _____ No _____ Yes _____ Location _____

Equipment _____

Post-Treatment Notes: _____



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Post Solution:

- ☐ Cryogenic Therapy
- ☐ Light Therapy
- ☐ Neutralization Process

_____ Baking soda & Tap Water mixture help to create chemical reaction by increasing the pH. Level. Its create a combustion alkaline effect on the skin surfaces.

- ☐ Alpha lotion
- ☐ Anti-inflammatory gel



Electronical Recommend 20-Amp circuit breaker

Treatment Room Temperature

Treatment Duration 35 minutes

Pressure PSI

Machine x 1 Manual x 1 Fuse x 3 Power cord x 1 1- Scrubber PVC vacuum hose 6*4 x 1 Diamond pen x 2 O-rings x 3 Diamond Head x 9 Pens & Heads box 1 Cotton Filter x 1 Probe x 2 3- Photon Photon Probe x 1 4- BIO Handle x 3 pairs (6pcs) 5- Skin Scrubber Scrubber Handle x 1 Negative Stick x 1

Specifications

Voltage: 110V/60Hz

Power: 145W

Fuse: 2A to 6A

Amp 16

Doctor Post-care notes -

Botox-

Fuller-

Steamer Settings: Distance _____ Vapour _____ Aromatherapy _____

Ozone: on _____ off _____

☐ Face _____ distance _____ min ☐ Eyes _____ min

☐ Hands _____ min ☐ Neck _____ min

☐ Back _____ min ☐ Feet _____ min



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☐ Chest _____ min ☐ Arms _____ min

Dr. Lucas Spray Settings: Distance

Solution: _____ **Distilled Water** _____

☐ Face _____ min ☐ Eyes _____ min
☐ Hands _____ min ☐ Neck _____ min
☐ Back _____ min ☐ Feet _____ min
☐ Chest _____ min ☐ Arms _____ min

Brush machine Settings:

Electrode _____ **Clockwise** _____ **Counterclockwise** _____ **Speed** _____ **Pressure** _____

☐ Face _____ min ☐ Eyes _____ min
☐ Hands _____ min ☐ Neck _____ min
☐ Back _____ min ☐ Feet _____ min
☐ Chest _____ min ☐ Arms _____ min

**MULTIFUNCTIONAL
 FACIAL CARE CLEANING INSTRUMENT**



Microdermabrasion exfoliating

Ultrasound import and export

Ultrasonic shovel machine

Microcurrent skin rejuvenation

Biological microcurrent wrinkles

Microdermabrasion Settings:

Levels _____ **Vacuum** _____ **Crystals** _____

Passes: _____ OFF _____ LOW _____ HIGH _____

Passes: _____ OFF _____ LOW _____ HIGH _____

☐ Face _____ min ☐ Eyes _____ min



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☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min

Microdermabrasion Settings:

Levels _____ **Vacuum** _____ **Crystals** _____

Passes: _____

Crystals Tip _____

☐ Face _____ min	☐ Eyes _____ min
☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min

Ultrasonic Skin Scrubber Settings: Clean _____ Out _____ Wave _____ In _____
Intensity _____ **Levels** _____ **Speed** _____ **Pulse Pressure** _____

FUNCTIONS : Skin Scrubber

More Details:

OUTPUT "A" & "B"
 You can press the "OUTPUT" button to choose B or A to exchange the output.

FUSES
 If the machine can't work after being connected to the power, maybe it's a problem of the fuse. You can change it

LARGE WHITE RING
 You have to place a large white rubber ring here before screwing the vacuum interface, as the picture shows.

SMALL BLACK RING
 You have to place a small black rubber ring here before screwing the diamond tip into the wand, as the picture shows.

☐ Face _____ min	☐ Eyes _____ min
☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min

High Frequency Settings: Intensity _____

Neon _____ Direct _____ Sparking _____
 Argon _____ Indirect _____

☐ Face _____ min	☐ Eyes _____ min
☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min



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Photolight Settings:



MICROCURRENT PHOTON

Stimulates skin, enhances blood vessel function, improves skin microcirculation



Yellow light
Green light
Blue light
Red light

☐ Face _____ min	☐ Eyes _____ min
☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min

Skin Master Settings:

Bi-Elastic Blade: _____ Clearing _____ Exfoliation _____ Moisturizing _____ Circulation

Fine line Precision Prong: _____ Fine Lines _____ Body lines

Precision Probe: _____ Circulation

Activation Disk: _____ Renewal _____ Fine Lines _____ Body Lines

Mircodiode Laser: _____ Fine Lines _____ Body lines

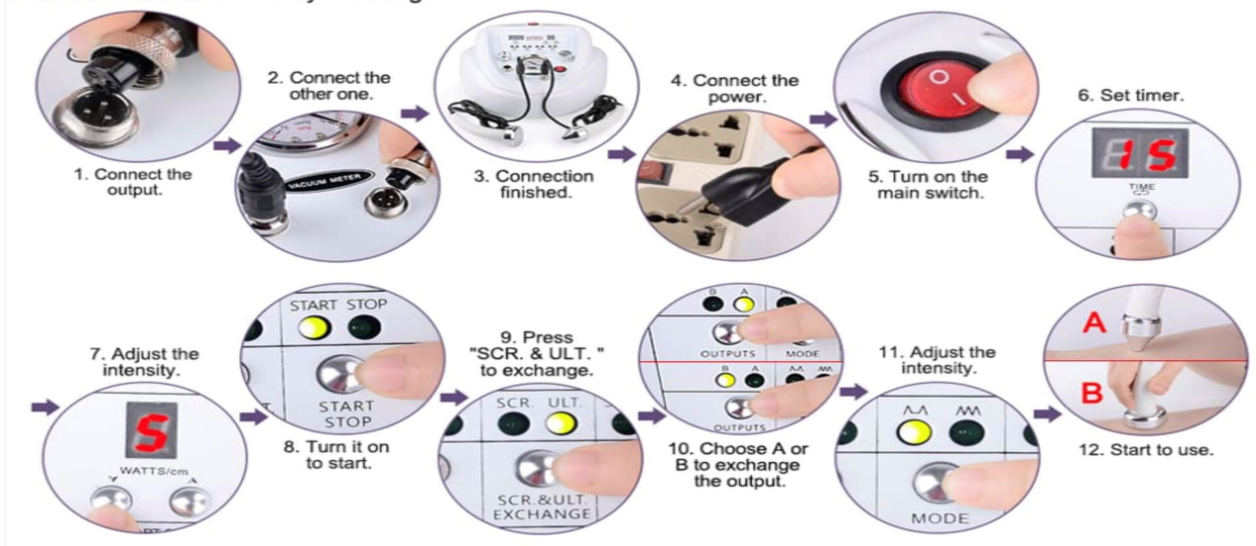
Body line Prong: _____ Fine Lines _____ Body lines

☐ Face _____ min	☐ Eyes _____ min
☐ Hands _____ min	☐ Neck _____ min
☐ Back _____ min	☐ Feet _____ min
☐ Chest _____ min	☐ Arms _____ min

Ultrasound Skin master Settings:



FUNCTIONS : Beauty Massager



- | | |
|--|---|
| ☐ Face _____ min | ☐ Eyes _____ min |
| ☐ Hands _____ min | ☐ Neck _____ min |
| ☐ Back _____ min | ☐ Feet _____ min |
| ☐ Chest _____ min | ☐ Arms _____ min |

Galvanic Settings:

Desincrustation: _____ Electrode _____ Intensity _____
Iontophoresis: _____ Electrode _____ Intensity _____

- | | |
|--|---|
| ☐ Face _____ min | ☐ Eyes _____ min |
| ☐ Hands _____ min | ☐ Neck _____ min |
| ☐ Back _____ min | ☐ Feet _____ min |
| ☐ Chest _____ min | ☐ Arms _____ min |

Vacuum 8 in 1 Settings:

- | | |
|--|---|
| ☐ Face _____ min | ☐ Eyes _____ min |
| ☐ Hands _____ min | ☐ Neck _____ min |
| ☐ Back _____ min | ☐ Feet _____ min |
| ☐ Chest _____ min | ☐ Arms _____ min |

Vacuum Synergie for face Settings:

- | | |
|--|---|
| ☐ Face _____ min | ☐ Eyes _____ min |
| ☐ Hands _____ min | ☐ Neck _____ min |



Institute Epidermal Cell Therapy Signature Facial
Lesson - Practical Performance State Board Requirements- Manual & Mechanical Facial & Body Treatment

Master Esthetics Treatment Notes

☐ Back _____ min ☐ Feet _____ min
☐ Chest _____ min ☐ Arms _____ min

G-5 Settings: Speed _____

Electrodes: _____ **Round Sponge** _____ **Curved Sponge** _____ **Single Ball** _____ **Brush**
 _____ **Double Ball** _____ **Egg Box** _____ **Water**

☐ Face _____ min ☐ Eyes _____ min
☐ Hands _____ min ☐ Neck _____ min
☐ Back _____ min ☐ Feet _____ min
☐ Chest _____ min ☐ Arms _____ min

Vacuum Synergie for body Settings:

☐ Face _____ min ☐ Eyes _____ min
☐ Hands _____ min ☐ Neck _____ min
☐ Back _____ min ☐ Feet _____ min
☐ Chest _____ min ☐ Arms _____ min

Recommended Treatment Schedule Table and Time for each treatment.

Functions	Time/Treatment (Minutes)	Frequency (days)	Total Visits
Hot Facial Steamer	10-15	--	--
&Herb & Ozone	10-15	--	--
Vacuum Black Spot	10-15	3-4	6-7
Spray Toner	1-2	3-4	6-7
Magnifying Lamp	--	--	--
Woods Lamp	--	--	--
Photon therapy	10-15	2-3	7-8
Diamond Tip Dermabrasion	10-20	5-7	4-5



Institute Epidermal Cell Therapy Signature Facial
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Master Esthetics Treatment Notes

Hot Cabinet	15-30	--	--
UV Sterilizer	15-30	--	--
Cold & Hot Hammer	10-15	--	--
Rotary Brush	5-15	4-6	7-8
Spot Removal	5-15	10-15	2-3
Digital Galvanic Unit	10-15	3-5	6-7
Ultrasound	10-15	3-5	6-7
Ultrasonic Micro-scrubber	10-15	4-6	7-8
BIO Face Lift	10-20	4-6	6-7
High Frequency	10-20	3-4	7-8

Post Solution:

- ☐ Cryogenic Therapy
- ☐ Light
- ☐ Average

- ☐ Neutralized with
- ☐ Water _____
- ☐ Alpha lotion
- ☐ Anti-inflammatory gel
- ☐ Spring water mist
- ☐ Tap water
- ☐ Creamy Cleanser

Product introduction



•Product Host



•Ultrasonic probe

Clean pores, cleanse the skin, lift the face.



•Skin scrubber

Shovel old, or rough skin and revitalize skin.



•Photoelectric brush

Seven color light make skin rejuvenation and care.



•Micro-carving

Aspirate horny and blackheads, skin rejuvenation.



•Cold and hot hammer

Warms pores, cleanses skin, icy pores, delicate skin.