

CLAY MASK

Benefits:

- Purifying absorbs impurities and excess sebum.
- Penetrates pores to control acne.

Indications:

- T-Zone and oily skin.
- Skin in need of antiseptic benefits.
- Sebaceous filaments and comedones.

Precautions:

- Make sure mask is appropriate for client's skin type.
- Avoid eyes, nostrils and lips.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.
- Extractions.

Procedure with Brushes:

- Depending on what area is being treated, you can start at the platysma or mandible.

- Using two brushes, one in each hand, dampen brushes and scoop mask onto bristles covering both sides of bristles.
- Begin at the center of platysma and spread moving to the outer edges of platysma.
- Continue working up the platysma to the mandible in the same fashion.
- To spread mask across maxillae, slightly turn brushes on the side, begin in the center and move to outer corners of mouth.
- To apply mask to nasalis, move brushes up from nasalis to procerus.
- Continue spreading mask moving from center to outer edges of face working up to frontalis.
- End application moving brushes from center of frontalis and stop at the temples.
- Apply (for 10-15 minutes) and remove mummy mask according to Mummy Mask Skill.
- Apply a cold towel according to Cold Towel Application and Removal Skill.



Procedure with Hands:

- Dampen gloves and scoop mask into hands. Rub hands together to spread warm product.
- Apply, starting at center of the base of the platysma, using long outward strokes. Lightly spread product upward and outward with hands, onto the mentalis (chin), mandible, zygomatic (cheekbones), maxillae (upper lip), nasalis (nose), slide up procerus (bridge), and to the frontalis (forehead)/hairline.



- Spread 3 times to cover area. Rub hands together after each spread and dampen hands if necessary.
- Apply mummy mask (for 10-15 minutes) and remove according to Mummy Mask Skill.
- Apply a cold towel according to Cold Towel Application/Removal Skill.



Post-Procedure:

- Remove gloves following Degloving skill.

Maintenance:

- Client should be using a home protocol with similar or same ingredients.
- Always squeeze excess water from brushes and reshape after use.
- Always remove all mask by checking all areas of face, neck, and ears.

Infection Control:

- Discard any disposable items in a covered and lined waste container.
- Sanitize all surfaces and follow infection control procedures.
- Brushes must be washed thoroughly.
- Refer to OSHA and your state board.

