

## DEGREASING

### Benefits:

- Preps the skin for treatments by ridding it of sebum, dirt, and leftover makeup.

### Indications:

- Natural oils left on the skin after cleansing.
- Before microdermabrasion or other facial treatments.

### Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).

### Procedure:

- Place protective eyewear over the client's eyes.
- Using two small pieces of single ply gauze, dampen with an astringent or some other degreasing solution.
- Starting at upper chest and using both hands, wipe from the center to the outer areas (towards shoulder area).
- Using the same motion, work up to hyoid, platysma, mentalis, mandible, zygomatic arches, maxillae region, and nasalis. Work up towards hairline using small half moons on frontalis. Stop at temples.

- **Tip:** Be sure you bring gauze to the outer perimeter of the face, near the hairline so as to remove all sebum, dirt, and leftover makeup.
- Remove client's protective eyewear.

### Post-Procedure:

- Remove gloves according to Degloving skill.

### Infection Control:

- Dispose used gauze in a trash container.
- Do not touch tip of astringent or degreasing solution bottle to the gauze.
- Refer to OSHA and your state board.

