

Basic Electricity
Galvanic Current & High Frequency
Desincrustation & Argon
Vocabulary List & Facts

1. **Laser Therapy-** Any of several devices that emit highly amplified and coherent radiation of one or more discrete frequencies

Fact: Laser stands for light amplification by stimulated emission of radiation.

Benefit: Lasers allow you to focus on a small area, causing less damage to the surrounding tissues.

2. **Intense Pulsed Light** – IPL, a light based devices used for skin rejuvenation. Intense pulses of non-coherent light distributed over a range of wavelengths.

Fact: Is also known as flash lamp therapy.

Benefit: Helps with vascular lesions, freckles and age marks, facial lines and wrinkles, and removes unwanted dark hair.

3. **Radio Frequency devices** – A device that uses the frequency within the electromagnetic spectrum to treat skin conditions. Induces thermal heating in the dermis. These devices are often used to tighten the skin

Fact: Emits heat energy.

Benefit: These are used for skin tightening, collagen production, body contouring, and facial rejuvenation.

4. **Light emitting diodes** – LED stands for light emitting diodes. It works by sending light into the deeper layers of the skin. LED therapy can be utilized to increase collagen production causing the skin to look younger, it can also be used to kill bacteria & reduce acne

Fact: Works by discharging infrared lights in wavelengths. This produces different skincare benefits.

Benefit: Red light is used to promote circulation, white light works to tighten and reduce inflammation, and blue light kills off bacteria.

5. **Physics** – A natural science that involves the study of matter and its motion through space An important concept in physics is gravity the attraction of terrestrial bodies tendency to fall toward the center of the earth. That attraction includes human bodies as well, especially skin, this shows the obvious signs of aging.

Fact: Is Greek for knowledge of nature.

Benefits: You'll learn about forces, momentum, energy, and other concepts.

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6. Ablation The removal of surface material from the body. Ablative devices vaporize, cut, or remove all or part of the epidermis and or dermis. Fact: A surgical removal of body tissue. Benefits: Can remove all or part of the epidermis or dermis from the targeted area.
7. Ablative The ability to cut, vaporizes, or removes using a laser. Fact: Surgical treatment involving ablation. Benefit: If your tissue has many conditions, you can get it removed with this surgery.
8. Absorption the uptake of one substance into another. In laser/light therapy, the attraction of energy particles, liquid, or gas to a particular chromophore or target in the skin. Fact: State of being engrossed in something. Benefit: You can use an ampoule along with iontophoresis. This allows for deeper penetration/your skin absorbing it.
9. Active Electrode - Electrode used on the area to be treated. Active electrodes are often used to open pores during facial treatments. Fact: Galvanic current uses active electrodes. Benefit: These open the pores in the skin, allowing for products and ingredients to be able to penetrate.
10. Alternating Current - Rapid and interrupted current, flowing first in one direction and then in the opposite direction. Galvanic current is often converted into an alternating current using a rectifier Fact: Changes direction. Benefit: High frequency machine use an alternating current.
11. Amp - Unit that measures the strength of an electrical current (the number of electrons flowing through a wire). Tasers usually utilize a few milliamps to stun someone and cause their muscles to contract Fact: Short for ampere and named after Andre-Marie Ampere. Benefit: Unit of electrical current.
12. Anaphoresis - Process of forcing liquids into the tissues from the negative toward the positive pole. The negative polarity, or cathode, causes a shift in the pH balance in the skin. Fact: Also known as desincrustation.

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Benefit: Liquefies sebum in the pores, making extractions easier.
13. Anode - Positive electrode Anodes cause an acidic reaction within the skin. Fact: Positively charged electrode. Benefit: When used in conjunction with galvanic current, this causes the skin tissue to harden, soothes nerve endings, tightens pores, and has astringent and germicidal action.
14. Attenuation the act of removing light energy from a beam before it exits a second medium; a method of blocking laser energy Fact: Latin for, "to make thin, lessen, diminish". Benefit: Reduces amplitude of an electric current.
15. Blue Light - Therapeutic light that should only be used on oily skin that is bare; contains few heat rays, is the least penetrating, and has some germicidal and chemical benefits. Blue light treatment is often used on acne, seeing as this light therapy kills bacteria Fact: Can also be used to treat sun damage. Benefit: Commonly used on acne since it kills bacteria.
16. Cataphoresis - Process of forcing acidic substances into deeper tissues using galvanic current from the positive toward the negative pole the positive pole toward the negative pole; tightens and calms the skin Cataphoresis slows circulation, soothes nerve ending and reduces redness Fact: Also known as iontophoresis. Benefit: Introduces water soluble products into the skin.
17. Cathode - Negative electrode. Process of forcing an acidic (positive) product into deeper tissues using galvanic current. Despite the name cathodes are used during anaphoresis. Fact: Negatively charged electrode. Benefit: Used during iontophoresis.
18. Circuit Breaker - Switch that automatically interrupts or shuts off an electric circuit at the first indication of overload Circuit breakers are used when a current becomes too Strong or dangerous..

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Fact: Switch that turns off electric circuit when current is too strong. Benefit: Turns off if current is too strong or dangerous. This could stop an explosion or fire.
19. Coherent Light Parallel rays of light that travel spatially and temporally in phase with each other Fact: Light waves that are in phase with one another. Benefit: Waves have the same amplitude.
20. Complete Circuit - The path of an electric current from the generating source through conductors and back to its original source. When clients are asked to hold the indirect electrode in both hands they are forming a complete circuit Fact: Electrons flow from source, load up, and find their way back to the source. Benefit: Indirect high frequency is an example of a complete circuit when the client holds the electrode in their hands.
21. Conductor - Any substance, material, or medium that conducts electricity. During Electrical treatments skin is used as a conductor. Fact: Cooper, steel, gold, aluminum, and brass are good conductors. Benefit: Skin acts as a conductor during a facial when electrical equipment is used.
22. Converter - Apparatus that changes direct current to alternating current. Some facial care tools contain a converter so they can be used with an outlet. Fact: Also known as AC-DC converters. Benefit: They are used in power electronic applications.
23. Chromophore A color component of the skin found at different depths, such as blood or melanin Fact: Responsible for the color of a compound. Benefit: Two major types of chromophores: electronic and vibrational transitions.
24. Cryogen A liquified gas that is cooled to -238°F (-150°C). Fact: Can cool all the way up to -238 degrees fahrenheit.

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Benefit: Produces very low temperatures.
25. Desincrustation - Process used to soften and emulsify grease deposits (oil) and blackheads in the hair follicles. Desincrustation is used to loosen the pores so irregularity causing skin impurities can be removed Fact: Also known as anaphoresis. Benefit: Liquefies sebum in pores and makes extractions easier.
26. Dispersing Electrode A grounding pad placed on the individual's thigh or an area of large tissue mass that receive the radiofrequency energy Fact: Have many names like a pad, grounding pad, sticky pad, safety pad, and patient return pad. Benefit: Necessary for electrosurgery functions.
27. Direct Current - Constant, even flowing current that travels in one direction only and produces a chemical reaction. The direct electrodes used on the face utilize direct currents. Fact: Only flows in one direction. Benefit: Direct current is known to be more efficient.
28. Electric Current - Flow of electricity along a conductor Galvanic currents are direct electrical currents used in esthetics Fact: Protons have a positive charge and electrons have a negative charge. Benefit: Does not pollute the atmosphere.
29. Electricity - Form of energy that, when in motion, exhibits magnetic, chemical, or thermal effects; a flow of electrons. Electricity is often used in facials to open and close pores and soothe and stimulate the nerves Fact: Other terms are power, energy, current, and static. Benefit: Secondary energy source because it's produced by primary sources of energy like natural gas, coal, solar energy, nuclear energy, and wind energy.
30. Electrode - Applicator for directing the electric current from the machine to the client's skin. Various electrodes are employed during facials for several different coinciding Reasons.

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Fact: There are orange and violet electrodes used during facials.

Benefit: Neon gas (orange electrode) helps treat aging skin, and argon gas (violet electrode) helps treat acne.

31. Electromagnetic Radiation - Also called radiant energy because it carries, or radiates energy through space on waves. Electromagnetic radiation includes ultraviolet rays, infrared rays, microwaves, and gamma rays, in large amounts these are all known to cause cancer.

Fact: Includes visible light, radio waves, gamma rays, and x-rays.

Benefit: Allows for vision of photography, cooking, communications, television, security systems, and more.

32. Electrotherapy - Electronic facial treatments Electrotherapy uses low electric currents passed through the skin to, tone, tighten, and lift the skin, as well as open and close the pores.

Fact: Professional term for electrical facial.

Benefit: Can help with nerve pain.

33. Faradic Current - Alternating and interrupted current that produces a mechanical reaction without a chemical effect. Faradic currents are used to stimulate the muscle causing it contract and relax. It is thought that this therapy can improve muscle tone.

Fact: Can be used for muscle toning.

Benefit: Contraction and relaxation of the muscles.

34. Fluence Irradiance multiplied by the exposure time, measured in joules per square centimeter

Fact: Typically the number of particles per second.

35. Fuse – A device that prevents excessive current from passing through a circuit. If currents get too strong, the heat is meant to melt the fuse and open the circuit.

Fact: Provides over current protection of electrical circuits.

Benefit: Safety device.

36. Grounding A grounding (used for safety) connection completes a circuit and carries the current to the ground.

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Fact: The ground or earth acts as a reference point. Benefit: Used as a safety precaution.
37. Galvanic Current - Constant and direct current (DC) which has a positive and negative pole and produces chemical changes when it passes through the tissues and fluids of the body Often used in conjunction with an alkaline solution, galvanic current is used to force water soluble solutions into the deeper layers of the skin.. Fact: Has a positive and negative pole. Benefit: Can be used to liquify sebum in the pores or forces water soluble solution into the deep layers of the skin.
38. Green Light- LED light used on clients with hyperpigmentation or for detoxifying the skin. Fact: Can be enhanced by the use of a topical cream that performs a complementary function. Benefit: Helps with skin discoloration.
39. High-Frequency Modality that utilizes alternating, or sinusoidal, current to produce a mild to strong heat effect; sometimes called Tesla high-frequency or violet ray. Uses alternating current. Fact: Uses alternating current. Benefit: Can be used to kill bacteria or soothe the skin during a facial or waxing.
40. Inactive Electrode - Opposite pole from the active electrode. Fact: Electrode held by the client.
41. Infrared - It is a form of light. Although we can't see it we can feel the heat on our bodies. It is a small part of the light spectrum. Fact: Invisible light. Benefit: Promotes healing.
42. Infrared Light Rays - Invisible rays that have long wavelengths, penetrate the deepest, and produce the most heat. Infrared rays have gained popularity over the years as a treatment for wrinkles, fine lines, acne, scars, and other impurities. Fact: Invisible light. Benefit: Promotes healing.
43. Insulator - Substance that does not easily transmit energy Insulators are also called non-conductors because they don't conduct electricity. Fact: Various substances that block the flow of electrical currents. Benefit: Nonconducting material.
44. Intense Pulsed Light (IPL) Light-device that uses multiple colors and wavelengths (broad spectrum) of focused light to treat spider veins, hyperpigmentation, rosacea/redness, wrinkles, enlarged hair follicles/pores, and excessive hair.

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Fact: Technology used by cosmetic and medical practitioners. Benefit: Performs various skin treatments like hair removal, photorejuvenation, skin pigmentation, sun damage, and more.
45. Invisible Light The light at either end of the visible spectrum of light that is invisible to the naked eye. Fact: Most of the light around us is invisible. Benefit: Infrared light is invisible light.
46. Iontophoresis - Process of introducing water soluble products into the skin with the use of electric current such as the use of the positive and negative poles of a galvanic machine. Iontophoresis is vital during the facial process because it breaks down the excessive sweat, oil, and dirt making it easier to remove. Fact: Also known as cataphoresis. Benefit: When used in conjunction with an ampoule, it forces that solution into the deeper layers of the skin.
47. Jack - Plug in device used to make electrical contact. This is used so modalities can be plugged into an electrical source. Benefit: With this device, modalities can work properly.
48. Joules Units of energy or work. Joules are a unit of heat energy used to measure the energy change in an object as it warms or cools. 1 joule = 1 watt per second. Fact: Units of energy. Benefit: Unity of heat energy.
49. Kilowatt - 1,000 watts Fact: 1,000 watts of electrical power.
50. Laser- Light amplification. A medical device that uses electromagnetic radiation for hair removal and skin treatments. Fact: Means light amplification by stimulated emission of radiation. Benefit: Device that emits light.
51. Laser-Generated Air – When skin tissue is subjected to laser radiation, the targeted cells can be vaporized which results in the aerosolization of the cell contents and this creates exposure of health care workers to laser-generated air contaminants. Fact: Referred to as the “cloud”. Benefit: Can form during disruption of tissue cells. 52. Contaminants (LGAC) Plume or smoke that is generated from an ablative laser device. Fact: Referred to as the “cloud”. Benefit: Can form during disruption of tissue cells.

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53. Laser safety officer (LSO) the person responsible for the laser safety program at the facility. The LSO is authorized to monitor operation, enforce controls, and oversee hazards associated with laser usage Fact: Also known as LSO. Benefit: Authorized to monitor operation of lasers.
54. Light Emitting Diode LED Acronym for light-emitting diode; a device used to reduce acne, increase skin circulation, and improve the collagen content in the skin Fact: Light-emitting diode. Benefit: Can be used to reduce acne, increase skin circulation, improve collagen content, and more.
55. Light Therapy - The application of light rays to the skin for the treatment of disorders. Light therapy is used for skin conditions like, vitiligo, psoriasis, and scleroderma. Fact: Used in conjunction with a light therapy box. Benefit: Can help with depression, jet lag, and sleeping disorders.
56. Lipolysis The destruction of fat cells Fact: Breakdown of fat and other lipids. Benefit: Releases fatty acids.
57. Lucas Sprayer Atomizer designed to apply plant extracts and other ingredients to the skin. Fact: Can be used instead of steam or spray machine. Benefit: Very, very fine mist and not overpowering.
58. Maser Microwave amplification by stimulated emission of radiation Fact: Stands for Microwave Amplification by Stimulation Emission of Radiation. Benefit: Device that uses stimulated emission of radiation.
59. Maximum Permissible Exposure (MPE) The level of laser radiation to which a person may be exposed without hazardous ocular or tissue effects Fact: Short term: MPE. Benefit: Highest power or energy density.
60. Microcurrent - Electricity (low level)that mirrors the body's natural electrical impulses Fact: Therapy treatment. Benefit: Anti-aging.
61. Microthermal Zone (MTZ) It is tissue heated by a fractional laser device. Fact: Was used through histopathologic analysis.

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Benefit: Helps with acne and atrophic acne scars.
62. Milliampere - One thousandth of an ampere. The units are used for smaller electrical currents. Fact: One thousandth of an ampere. Benefit: A measure for small electric currents.
63. Milliampere Meter - Instrument that measures the rate of flow of an electric current. Milliampere meters are used to measure small currents. Fact: Used to measure smaller currents. Benefit: Many multimeter have one.
64. Modalities - Currents used in electrical facial and scalp treatments. Several modalities are used in conjunction for facials. Fact: Can be used during facial and scalp treatments. Benefit: Modalities can be combined with key ingredients for treatment results.
65. Modulate To stimulate or change cellular function Fact: To alter the amplitude or frequency of an electromagnetic wave. Benefit: Resilient to noise.
66. Monochromatic One wavelength of light emitted from a laser. Fact: Light that has the same wavelength so it is one color. Benefit: Monochromatic things are rare.
67. Monopolar Radiofrequency (RF) Energy Radiofrequency electrical current that uses a dispersive electrode to return the energy back to the generator device Fact: Energy travels from the hand piece to a distant pole. Benefit: Requires a large ground electrode applied to the body.
68. Nevus of Ota A deep dermal pigmented lesion usually found on the face of darker-skinned Asians. Fact: Also known as congenital melanosis bulbi. Benefit: Blue hyperpigmentation occurring on the face.
69. Nominal Hazard Zone(NHZ) The zone in which direct, reflected, or scattered radiation, during normal operation, exceeds the maximum permissible exposure (MPE) Fact: Establishes maximum permissible exposure limits for laser radiation. Benefit: Safety precaution.
70. Ohm - Unit that measures the resistance of an electric current Ohm meters are used to check the continuity and resistance of a circuit. Fact: Measures resistance of an electric current. Benefit: Used to check the resistance of a circuit.

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71. Optical Density (OD) The amount of attenuation or reduction of radiant laser energy as it passes through the filter material in the laser eyewear Fact: Refractive medium transmitted rays of light. Benefit: Involves less technique and time.
72. Optical Resonator A cavity containing a laser rod or tube made up of two reflective mirrors at each end. The mirrors reflect light back and forth to build up amplification of the laser light under external stimulus Fact: Needed to build up light energy in beam of laser. Benefit: Allows resonators to be probed.
73. Oxyhemoglobin Hemoglobin in red blood cells that has been oxygenated; a protein in red blood cells. Fact: Bright red substance. Formed by combination of hemoglobin with oxygen. Benefit: Can be found in oxygenated blood.
74. Plug - Two or three prong connector at the end of an electrical cord that connects an apparatus to an electrical outlet Without plugs most modalities wouldn't be able to be used Fact: Two or three prong connector. Benefit: Allows for use of modalities.
75. Photomodulation LED technology that uses energy-producing packets of light to enhance fibroblast collagen Fact: Can be used post IPL to accelerate resolution. Benefit: Used to enhance collagen.
76. Photons In quantum theory, the elemental unit of light; a particle of energy that has motion and travels in waves. Fact: Carries energy proportional to the radiation frequency. Benefit: Has zero rest mass.
77. Photothermolysis - Light from a laser is turned into heat. Fact: Precise microsurgery technique. Benefit: Can be used to target tissues in a specific area.
78. Polarity - Negative or positive pole of an electric current. The polarity of the galvanic current machine is set differently for iontophoresis and desincrustation Fact: Having poles. Benefit: Can be negative or positive.
79. Polarity Changer - Switch that reverses with the direction of the current from the positive to negative and vice versa. Each galvanic current machine contains a

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polarity changer Fact: Reverse direction of current. Switches from positive to negative or other way around. Benefit: Both desincrustation and iontophoresis contains this.
80. Power Density The rate of energy that is being delivered to tissue by a laser light source. Measured in watts per square centimeter (W/cm²). Fact: Referred to as volume power density or volume specific power. Benefit: Amount of power per unit volume.
81. 82. Thermal Relaxation Time (TRT) The time it takes for the target tissue to dissipate on half of the heat attained by a laser pulse Glossar 83. Fact: Time taken for tissue to vanish from heat attained by a laser pulse. 84. Benefit: Was introduced into modern skin-laser with the inception of photothermolysis. y
85. Pulse Duration (pulse width) The duration of an individual pulse of laser light; usually measured in milliseconds Fact: Time between the first transition of the amplitude of the pulse reaches the level of its final amplitude and time the pulse amplitude drops on the last transition on the same level as before. Benefit: Modulation technique.
86. Rectifier - Apparatus that changes alternating current to direct current Cordless electric clippers utilize rectifiers. Fact: Changes apparatus from alternating current to direct. Benefit: Can still be cordless.
87. Red Light - Therapeutic light used on dry skin in combination with oils and creams. Red light penetrates the deepest and produces the most heat. Red light therapy stimulates fibroblast cells to produce more collagen and elastin. Fact: Penetrates the deepest and produces the most heat. Benefit: Can be on dry skin. Also stimulates cells to produce collagen and elastin.
88. Rheostat - Control that regulates the strength of the current used. A rheostat allows for resistance to be changed without opening up the current Fact: A control used to regulated strength of current. Benefit: 8-in-1 machine contains many rheostates.
89. Rotary Brush Machine used to lightly exfoliate and stimulate the skin; also helps soften excess oil, dirt, and cell buildup Fact: Used for exfoliation. Benefit: Softens oils, dirt, and cell buildup.
90. Saponification Chemical reaction during desincrustation where the current transforms the sebum into soap.

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Fact: Also referred to as liquified. Benefit: Liquifies sebum during desincrustation.
91. Scatter A general physical process involving moving particles that are dispersed through a medium in a non-uniform manner Fact: Change in direction of motion of a particle because of a collision with another particle. Benefit: Can be 2 positive or 2 negative ions. This is because like charges repel.
92. Spot Size The diameter of the optical or laser light beam Fact: Defines as radial distance from center point of maximum irradiance to the point.
93. Selective Photothermolysis Treatment using a wavelength, exposure time, and pulse duration. It has enough energy to absorb light into a specific area; it allows damage to targeted tissue without involving the surrounding area. Fact: Microsurgery technique. Benefit: Destroys specific area without affecting surrounding tissue.
94. Sinusoidal Current - Alternating current similar to faradic current; produces mechanical contractions and is used during scalp and facial treatments. Sinusoidal currents like faradic currents stimulate the muscles. Fact: Alternating current. Benefit: Similar to faradic current.
95. Spray Machine Spray misting device Fact: Acts as an antiseptic. Benefit: Kill bacteria and helps close pores.
96. Tesla High Frequency Current - Thermal or heat producing current with a high rate of oscillation or vibration; also called violet ray. These currents were originally used to treat sore throats. Fact: Alternating current. Benefit: Produces 60,000 to 200,000 hertz frequency.
97. Therapeutic Lamps - Lamps used to produce artificial light rays in the salon. Therapeutic lamps are often used to treat muscle soreness and seasonal affective disorder Fact: Treats muscle soreness. Benefit: Used in salons and spas.
98. Thermolysis This is used for permanent hair removal Fact: Breakdown of molecules by action of heat. Benefit: Removes hair permanently.
99. Ultraviolet UV Rays - Invisible rays that have short wavelengths, are the least penetrating rays, produce chemical effects, and kills germs; also called cold rays or

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actinic rays. UV rays are most known for causing cancer but they can also change the chemical structure of some substances Fact: Invisible rays with short wavelengths. Benefit: Kills germs and produces chemical effects.
100. Vacuum Machine Also called a suction machine. It is a device that vacuums/suctions the skin to remove impurities and stimulate circulation. Fact: Also referred to as suction machine. Benefit: Plumps skin while also removing impurities and stimulating blood circulation.
101. Visible Light - Electromagnetic radiation that can be seen. Visible light can also damage the skin just like ultraviolet rays Fact: Can still damage the skin. Benefit: Can be seen.
102. Volt - Unit that measures the pressure of force that pushes the flow of electrons forward through a conductor. Fact: Also referred to as voltage. Benefit: Measures pressure of forces pushed by flow of electron.
103. Wall Plate - Instrument that plugs into an ordinary wall outlet and produces different types of electric currents that are used for facial and scalp treatments. Wall plates are used to lower the risk of shock when wall outlets are tampered with. Fact: Plugs into a wall outlet. Benefit: Lowers risk of shock. Safety precaution.
104. Wood's Lamp Filtered black light that is used to illuminate skin disorders. With the woods lamp we can see fungi, bacterial disorders, and pigmentation in the deeper layers of the skin. Fact: Filtered black light. Benefit: Allows professionals to see skin conditions.
105. Watt - measurement of how much electric energy is being used in one second Watts are used to specify the rate at which electromagnetic energy is absorbed. Fact: Symbol: W. Benefit: Rate of electromagnetic energy absorbed.
106. Wavelength – Distance between two successive peaks of electromagnetic waves Fact: Distance between crests waves.
107. White Light - Called combination light because it is a combination of all the visible rays of the spectrum. White light is used in store bought light masks to clear up acne. Fact: Combination of all colors.

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Benefit: Can clear up acne.

108. **Yellow Light** A LED which helps in reducing inflammation and swelling. Used for lymphatic drainage.

Fact: Can be used for lymphatic drainage.

Benefit: Reduces inflammation and swellings.

