Mask Application using Hands

Benefits:
- Spreading mask with hands ensures an even application.
- Spreading mask with hands warms the mask and feels comforting to the client.
- Masks may be used at the end of the facial. There are many kinds: ***non-setting, setting, gels, and mineral.***
- Offer many benefits for the client, as well as giving the esthetician many options with protocols.
- Some masks are cooling and some are heating, so inform client of which you will be using.
- Masks lock ingredients in the skin, dry up oil, hydrate, calm the skin, and close pores.

Indications:
- Client's with sensitive skin.

Precautions:
- Let client know you are about to apply product to the skin before you begin applying, so as not to startle client.
- Immediately wipe away product if it gets in the clients eye or mouth.
- Apply mask appropriately for skin type and conditions.

Pre-Procedure:
- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.
- Extractions.

Procedure:
- Dampen gloves and scoop mask into hands. Rub hands together to spread warm product.
- Apply, starting at center of the base of the platysma, using long outward strokes. Lightly spread product upward and outward with hands, onto the mentalis (chin), mandible, zygomatic arches (cheekbones), maxillae (upper lip), nasalis (nose). Slide up procerus (bridge), and to the frontalis (forehead)/ hairline.
- Spread 3 times to cover area. Rub hands together after each spread and dampen hands if necessary.

Post-Procedure:
- Remove gloves according to Degloving skill.

Infection Control:
- Discard all disposable items, sanitize all surfaces and follow infection control procedure.
- Refer to OSHA and your state board.

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