

STEAMER

Benefits:

- Softens dead surface skin cells, sebum, makeup, and dirt.
- Expands the pores, calms, hydrates and increases product penetration.
- Helps to more thoroughly cleanse the skin and eliminate toxins.
- Helps increase blood circulation and improves cell metabolism.
- Some steam machines have a switch that produces antibacterial effect ozone (O3). This is beneficial when treating problem skin.

Indications:

- Before extractions to open pores.
- To increase product penetration.

Precautions:

- Use caution on extremely sensitive skin.
- Couperose skin (dilated capillaries).
- Acne.
- Rosacea.
- Any type of chemical exfoliation.
- Sunburn.
- Skin irritation.
- Open cuts, abrasions or sores.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Magnifying lamp (First look)
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).

- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second skin analysis (Wood's lamp.)

Procedure:

- Start the steamer before you need to use it so that it has time to warm up.
- The steamer may be used during or following the cleansing process and/or during the exfoliation treatment. Turn switch to the “on” position.
- Place a towel on the client over areas not to be steamed and place protective eyewear over the client's eyes.
- With machine pointed away from client, wait for water to boil and the presence of steam noticed in the pipe. If using ozone flip the switch on.
- Slowly adjust the arm near the client. Steam should be kept approximately 15 inches from the face. Place the steamer farther away, if necessary, so that it is warm but not too hot on the face. If placed too close, steam can cause overheating of the skin and possible irritation.
- Never put essential oils or herbs directly into water. Follow directions for the model steamer used.
- When you are ready to discontinue the steam, turn off the ozone/vaporizer switch first, then turn off the steamer.

Post-Procedure:

- Move the steamer arm back to the resting position.
- Remove the client's protective eyewear.
- Remove gloves according to Degloving skill.

Maintenance:

- Use distilled water to fill the steamer, unless otherwise specified by the manufacturer.
- If not emptied regularly the carafe deposits can collect on the heater element. Empty the jar and clean with soap and water. Allow coils to dry.
- To ensure proper usage always read and follow the manufacturer's specific instructions.
- Never refill cold water into a steamer that is still hot. Allow to cool off for 10 minutes before refilling.

