Eye Cleanse

Benefits:
- Removes eye makeup and oil from lid and surrounding eye area.

Indications:
- Eye make up.
- Facial make up under eye.
- Natural oils on eye.

Precautions:
- Do not apply too much pressure on eyelid.
- Make sure gauze is not dripping with water or makeup remover.
- Check to see if client is wearing contact lenses.
- Use separate gauze for each eye to avoid possible cross contamination of bacteria.

Pre-Procedure:
- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Magnifying lamp (First look)

Procedure:
- Take 2 pieces of small, single ply gauze and fold in half. Dampen each with warm water. Squeeze out excess water so as not to drip.
- Apply makeup remover to each piece of gauze and blot against hand towel.
- Fold the gauze in half again.
- Using your opposite hand (middle finger), stretch the skin taut at the outer corner of the brow.
- Starting at the inner corner of the brow bone (near the nasalis), slide the gauze across the brow 3 times in a slow sweeping motion.
- Move hand (middle finger) to center of corrugator and stretch skin taut towards the hairline. Using the same piece of gauze, sweep down the lid, starting just below the brow bone, to the lashes, ending in an upward stroke on the lashes.
- Have client open eye and look up to ceiling. Using middle finger, stretch skin taut at the outer corner of the obicularis oculi. Remove any under eye makeup by sliding folded gauze from the outer corner of the obicularis oculi towards the bridge of the nose, stopping at the inner corner of the eye. Repeat turning gauze to use clean areas until makeup is gone.
- Repeat steps on opposite eye using clean gauze.
- **Tip:** If makeup remover gets in the eye, wet separate clean gauze with water and wipe area until client feels comfortable.

Post-Procedure:
- Remove gloves according to Degloving skill.

Maintenance:
- Be sure to remove eye make up everyday.

Infection Control:
- Dispose of used gauze in appropriate container.
- Do not touch makeup remover top to gauze when applying solution.
- Wipe container with disinfectant at end of facial.
- Refer to OSHA and your state board.

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