

Gel Mask

Benefits

- Rich in vitamins, minerals and amino acids
- Soothing and cooling
- Easy to remove
- Skin is left looking clean, healthy and vibrant
- Fast application
- Hydrating, good for all skin types, great after sun exposure

Precautions and Contraindications of Use

- Clients who are sensitive to having their face covered up.
- Make sure client's eyes are covered with damp gauze or cotton rounds.

Pre-Procedure

1. All steps leading up to mask application.
2. Apply hydrating ingredients according to client's skin type and condition.

Procedure

1. Empty gel "powder" into rubber bowl.
2. Make a hole with spatula in the middle of the bowl.
3. Pour gel into the hole of the powder mixture.
4. Tilt bowl slightly and whip mixture with spatula. Whipping allows air to form in mixture, prolonging the gel consistency of mask, which allows for an easier application.
5. Scoop a small amount of mask on the spatula.
6. Scrape the mixture onto the side of the bowl, cleaning spatula (both sides) of any mask.
7. Pick mask up with spatula creating a cleaner application of the mask.
8. Using the spatula, apply the mask to the face in upward and outward motions. For the throat use downward strokes.
9. Wipe off spatula each time you pick up more mask.
10. Watch for dripping around client's neck and perimeter of face.

11. Cover eyebrows.
12. Allow mask to remain on skin for 5-10 minutes or until mask is set
13. Wet fingertips with hydrating ingredient and begin loosening mask at outer edges. Starting at frontalis, roll mask down the face in one piece and remove from face.
14. Discard mask in trash container.

Post-Procedure

1. Use wet sponges or gauze to loosen any leftover residue.
2. Use a cold towel if a hydrating cream was used under mask.
3. Apply serum if necessary.
4. Toner
5. Moisturizer (blot)
6. Sunscreen (blot)
7. Consult client and recommend products for home use.
8. Escort client to changing area.

Maintenance and Infection Control

- Throw gel mask and gauze used in trash container.
- Wipe product containers with Clorox wipes (sanitizer).
- Wait till bowl dries, then scrub off excess gel before washing.

Gel Mask Frequently Asked Questions

Why should the mask be rolled down the face?

Rolling the mask helps keep it from entering the client's nose mouth or eyes should the mask break apart during removal.

Why do you whip the mixture?

Whipping puts air into the mask causing the mask to stay usable longer.