

MANUAL EXTRACTIONS

Benefits:

- Releases impactions from blocked follicles.

Indications:

- Open and closed comedones.
- Build up of sebum and debris.

Precautions:

- Only use light pressure during extractions where capillaries are prevalent.
- Hyperpigmentation may occur if not treated correctly.

Contraindications:

- Do not extract papules or inflamed cysts underneath the skin's surface.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.

Procedure:

- Cover client's eyes with protective eyewear.
- Put on ear loupe mask and place magnifying loupe on head.
- Position magnifying lamp over face and turn on light.
- Wrap fingers with gauze moistened with astringent.



- First stretch the skin apart and then mound the skin in the targeted areas. Gently manipulate with alternating side to side and top to bottom movements, extracting the oil.



- Remove gloves according to Degloving skill.
- Sanitize hands and re-glove according to Gloving skill.
- Apply the post extraction solution to close the pores and reduce the incidence of bacteria from entering the post extraction site.



WRAPPING FINGERS IN GAUZE FOR EXTRACTION

Post-Procedure:

- Remove client's protective eyewear.
- Remove loupe mask and dispose. Remove eye loupe.
- Throw away all disposable items used in covered trash can.
- If any materials come in contact with blood, dispose of in Sharps container.
- Remove gloves according to Degloving skill.

Infection Control:

- It is very important not to spread bacteria during extractions.
- Always follow de-gloving protocol and wash hands with warm soapy water after extractions.
- Discard any disposable items in a covered and lined waste container.
- Refer to OSHA and your State Board.



Summary:

- Aseptic procedure.
- Makes extractions comfortable (cushion).
- Antiseptic can be applied to gauze surface.

Did You Know?

- Gauze was originally made of silk.
- Gauze can also be made of metal for medical purposes.
- Gauze we use is cotton or synthetic fiber having high mechanical strength and chemical resistance.
- The name is derived from that of Palestinian City of Gaza, where the fabric originated.

Procedure:

- Cut (1) 4x4 gauze in half.
- Wrap gauze around index fingers securely (Do not bunch at pads of fingers).
- Apply Hydra Refine astringent to pads of fingers.
- Explain to client you are using astringent and why.
- After extraction throw gauze away and remove gloves using Degloving skill.
- Use anti-bacterial gel or towelette then reglove (using skill).



EXTRACTIONS USING A COMEDONE EXTRACTOR

Benefits:

- Releases impaction from blocked follicle.
- Made of stainless steel and used for pressing out blackheads.
- May be used in ear cleansing.
- Available in different sized and shapes, depending on purpose.

Indications:

- Dead skin build up on ears.
- Open and closed comedones.

Precautions:

- May be more painful than other methods.
- May leave marks on the skin.
- May cause damage to the skin if not used correctly.
- If antiseptic is not used topically on treatment areas, bacteria may be introduced into the hair follicle and cause infection.
- Comedone extractors are not designed to be used on anything other than open comedones and sebaceous filaments.
- Comedone extraction procedures should not exceed 10 minutes, as it is uncomfortable for the client.

Contraindications:

- Cysts under skin.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.

- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.

Procedure:

- Cover client's eyes with protective eyewear.
- Put on ear loupe mask and place magnifying loupe on head.
- Position magnifying lamp over face and turn on light.
- Place the loop over the lesion to be extracted so that the entire lesion is within the interior of the loop area.
- Press straight down on the extractor which applies pressure to the sides of the impacted follicle and pushes the impaction up.
- Remove gloves according to Degloving skill.
- Sanitize hands and re-glove according to Gloving skill.
- Apply the post extraction solution to close the pores and reduce the incidence of bacteria from entering the post extraction site.

Post-Procedure:

- Remove client's protective eyewear.
- Remove loupe mask and dispose. Remove eye loupe.
- Throw away all disposable items used in covered trash can.
- If any materials come in contact with blood, dispose in Sharps container.
- Remove gloves according to Degloving skill.

Infection Control:

- It is very important not to spread bacteria during extractions.
- Always follow de-gloving protocol and wash hands with warm soapy water after extractions.
- Discard any disposable items in a covered and lined waste container.
- Refer to OSHA and your State Board.

