

EXTRACTIONS USING A LANCET

Benefits:

- Releases impaction from blocked follicle.
- Small, lightweight, disposable instrument used for medical situations.
- Punctures through the pore of the comedone. Also used to extract milia by opening the side of the milia.
- Safety sealed for sanitation in envelopes or in a plastic covering

Indications:

- Pustules, open and closed comedones, blackheads on ears.

Precautions:

- May cause damage to the skin if not used correctly.
- If antiseptic is not used topically on treatment areas, bacteria may be introduced into the hair follicle and cause infection.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.

Procedure:

- Cover client's eyes with protective eyewear.
- Put on ear loupe mask and place magnifying loupe on head.
- Position magnifying lamp over face and turn on light.
- Break off plastic tip, or open wrapped packaging.
- With gloved hands, stretch skin gently, insert tip of lancet into follicle at a 45-degree angle.
- Pull lancet out of follicle in same direction as inserted with the same pressure.
- Wrap index fingers with gauze, dampen with astringent, stretch skin, push impaction up, wiggle to expel and release. Push up again at opposite area and wiggle to make sure area is clear, and then release.
- Remove gloves according to Degloving skill.
- Sanitize hands and re-glove according to Gloving skill.
- Apply the post extraction solution to close the pores and reduce the incidence of bacteria from entering the post extraction site.

Post-Procedure:

- Remove client's protective eyewear.
- Remove loupe mask and dispose. Remove eye loupe.
- Throw away all disposable items used in covered trash can.
- If any materials come in contact with blood, dispose in Sharps container.
- Remove gloves according to Degloving skill.

Infection Control:

- Keep lancets in original wrapped package.
- Do not break off tip of lancet before use.
- Discard of used lancet in designated waste container (sharps box).
- Discard disposable items in a covered and lined trash container.
- Sanitize all surfaces.
- Follow de-gloving skill and wash hands with warm soapy water.
- Refer to OSHA and your state board.

