

PREPARING TOWELS FOR THE TOWEL CABI

Pre-Procedure:

- Fill sink half full with warm water.
- Towels must be folded (inside out so that the tags are facing out. This will enable you to remove towel safely from hot towel cabi) in half lengthwise and then in half again forming a rectangle before placing into sink.
- Add essential oils into the center of sink.
- Roll each towel lengthwise using side of sink to apply pressure and wring out excess water. Place towels in designated container to transport to hot towel cabi or refrigerator.

Procedure:

- Turn on the towel cabi to 175 degrees.
- Fill 3 stainless steel bowls with water and place them inside the cabi or sink.
- Fill the (Blue) bowl with warm water.
- Place 2 to 3 drops of essential oil into the water.
- Submerge the rolled towels in the water. (Roll towel into cylinder like form before submerging into water).
- Using the edge of the sink, carefully roll the towel, squeezing out any excess water, wet but not soaking. Place the rolled towels into the towel cabi.

Infection Control:

- Make sure towels are washed and dried according to skills.
- Refer to OSHA, universal precautions, and your state board.

