

HIGH FREQUENCY

Benefits:

- Antiseptic effect on the skin (Argon).
- Stimulates circulation (Neon).
- Helps oxygenate skin (Argon).
- Increases cell metabolism (Neon).
- Helps coagulate and heal any open lesions after extraction by sparking it with the mushroom electrode (Argon).
- Generates a warm feeling that has a relaxing effect on the skin (Neon).

Indications:

- Bacteria present.
- Open lesions after extractions.
- Irritated skin after waxing.

Precautions:

- Remove all jewelry.
- Do not lose contact with the skin.
- Warn client of machine noise.
- Do not spark more than two times depending on skin condition (either spark or slide).
- Do not use on clients with cuts and abrasions.

Contraindications:

- Do not use if the client or esthetician is pregnant.
- Do not use on clients with couperose skin, acne or high blood pressure.
- Do not use if clients have pacemakers, heart problems, high blood pressure, braces, asthma or epilepsy. Client should avoid contact with metal during treatment.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.

- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second skin analysis (Wood's lamp).
- Exfoliation.
- Extractions.

Procedure for Sparking Method:

- At the proper time during client's facial, choose the mushroom electrode and insert into modality.
- Use Argon Electrode after extractions.
- When using sparking method keep the index finger on top of glass electrode and gently place on the client's face.



- Turn dial on unit to low setting, remove finger from top of electrode and spark by tapping the electrode up and down on areas you are working.
- Gradually increase setting until client can feel slight tingling sensation.
- When taking electrode off clients face, always place finger back on the electrode before removing to avoid shocking client.



Procedure for Gauze Method:

- At the proper time during client's facial, choose the appropriate electrode and insert into modality.
- Use Argon Electrode after extractions.
- Dampen gauze (4x4 strip) with serum (for clients skin type and condition).
- Apply gauze over areas to be treated on the face.
- Keeping the index finger on top of glass electrode, gently place the electrode on the client's face.



- Turn dial on unit to low setting, remove finger from top of electrode.
- Gradually increase setting until client can feel slight tingling sensation.



- Glide the electrode across gauze back and forth. Repeat on areas to be treated.
- When taking electrode off client's face, always place finger back on the electrode to avoid shocking client.

Post-Procedure:

- Remove gloves according to Degloving skill.

Maintenance

- Electrodes are very fragile, therefore, wrap them in soft material and store covered.

Infection Control:

- Follow manufacturer's directions for cleaning and disinfecting.
- Detach the electrode from the disincrustator. Remove and dispose of any soiled gauze from electrode
- Clean glass electrode by wiping with a solution of soap and water, avoiding metal tip.
- Place electrode head into sterilization solution for 20 minutes. Do not place electrode in autoclave.
- Rinse electrode head with cool water. Dry with clean towel and store in covered container.
- Refer to OSHA and your state board.