

Institute of Epidermal Cell Therapy Class Schedule
Esthetics Group F 2018



Student Name: Rodriguez, Angie

Date: September 4, 2018

Week 1A - #200 Orientation & Introduction Esthetics Industry, #214 Facial Structure Analysis – Client Health
#390 IECT Practical Facial/Makeup Artistry

Esthetics Instructor: Deborah Waters & Saphonia Gee

Instructional Classroom Onsite Theory & Clinical/Lab Hours: 6hrs and 50mins

Day of the Week *** Tuesday- # 1A	Time 9:00am-5:00pm	
Personality Assessment Client records and confidentiality	9:00am-9:45am	Class Begins- Complete Enrollment information
Introduction & Personality Bio Letter	9:45am-10:15am	Vocabulary/Current Event Presentation Personality – Animal Description Bio Letter
	10:15am-10:25am	BREAK
#200 Orientation & Introduction Esthetics Industry	10:25am-11:40am	Overview of lesson for the day – Chromebook Overview & Student Login information Course Catalog & School Plan – School Policies https://www.instituteofepidermalcelltherapy.com/students/course-catalog.html
	11:40am-11:50am	BREAK
Summary & Overview Infection Control Lesson	11:50am-12:30pm	Questions & Answers Infection Control Lesson - Clinic Floor
	12:30pm-1: 00pm	LUNCH BREAK
Esthetics Regulations	1:00pm-2:10pm	Resume class - Skill (Begin lesson/Treatment) Esthetics Regulations Skills – Professional ethics and Practices https://www.instituteofepidermalcelltherapy.com/regulations/esthetics-regulations.html
	2:10pm-2:20pm	BREAK
Week 1A - #200 Handwashing skill.pdf- Degloving skill.pdf- Gloving skill.pdf	2:20pm-2:45pm	Overview of Skill & Videos for the day – 1A Handwashing & Infection Control Questions & Answers • Infection Control Requirements ✓ https://www.instituteofepidermalcelltherapy.com/regulations/esthetics-regulations.html#VI-sanitation

Revised 1A BE Daily Schedule9_4_18

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Lessons Demo/Practice Practices/Walk Through Week 1A - #200 Orientation & Introduction Esthetics Industry - Client Health Form Onsite Procedures Infection Control Skills Handwashing skill. Degloving skill Gloving skill	2:45pm-3:15pm	Create Notes for Video & Skill Notes 1. Handwashing skill 2. Degloving skill 3. Gloving skill 4. Makeup Client records and confidentiality 5. Face Shapes 6. Magnifying Lamp
Protocol Lesson SBR Theory/Practical	3:15pm-3:45pm	Skill (Lesson/Treatment) 1A Treatments Notes IECT Infection Control/ Consultation/ Draping
	3:45pm-3:55pm	BREAK
Esthetics CIB State Board Exam	3:55pm-4:15pm	Skill (Lesson/Treatment) View State Board Videos & CIB Skills State Board Skills (Lesson/Treatment) View State Board Videos & CIB Skills Patient #1 - <u>Work Area & Client Preparation & Set Up of Universal</u> <u>Supplies</u> /Cleansing of the Face with Product, Using Implement or Materials& including Towel Steaming/ Massaging the Face with Product/ Patient #2 - Work Area & Client Preparation & Set Up of Universal Supplies/ Hair Removal of Eyebrows by Tweezing and Using Stimulated Soft Wax/ Hair Removal of the Upper Lip Using Hard Wax/ Facial Mask and Conclusion of Facial Service/ Facial Makeup/ Blood Exposure Procedure.
Infection Control Lesson Clinic Floor Clean up	4:15pm-4:30pm	Clean up and Station up
Daily Performance Review	4:30pm-5:00pm-	Lesson Daily Summary
	5:00pm	CLASS ENDS

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Instructional Learning Tool

Case Study Project/Worksheet Personality Assessment Client records and confidentiality		Skill/Video (Lesson/Treatment) 1A Treatments Notes IECT Infection Control/ Consultation/ Draping
Treatment Notes 1A Treatment Notes		Weekly Facial Protocol Skill/Video (Lesson/Treatment) Week 1A - #200
Lesson Vocabulary Facts Benefit & Fact Infection Control		Audio/ Labels & Facts & Benefits
Practices Review Skills & Video Notes		Skills & Procedures Videos & CIB Create Notes for Video & Skill Notes 1. Handwashing skill 2. Degloving skill 3. Gloving skill 4. Client records and confidentiality
State Board Review Practical Theory/ Practical Information		Videos & CIB Create Notes for Video & Skill Notes 1. Review Complete Mock State Board
Review State Board Theory Practice Questions		Practices questions
Discussion/ Current Event		Review in Class (Flip Model)
State Board Review		

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Clinical Performance Grading Checklist

Practical/ Internship/VIP Day

Appearance: 6	S	U	Infection Control 24	S	U
Hair			Infection Control 14		
Make Up			Infection Control/Set Up 10		
Scrubs			Hand Washing		
Shoes			Gloving		
Undergarments			Station Set Up		
Jewelry			Room Set Up		
Attitude: 5	S	U	Equipment Preparation		
Follows Directions					
Interaction with other students					
Interaction with Instructor					
Interaction with clients					
Interaction with staff members					
Current Event: 4	Y	N			
Procedures: 12	S	U	Woods Lamp 5	S	U
Drape			Exfoliation: 4		
Mag Lamp			Used steam		
Pre Cleanse			Apply with Hands/Brushes		
Mask/Toner/Moist./SPF 10	S	U	Brush Machine		
Mag Application			Towel 2		
Applied with Hands/ Brush			Hot & Cold Application & Removal		
Remove Mask			Massage: 6	S	U
With wet sponge			Pressure during procedure	Y	N
Application/Removal			Effleurage		
Makeup Application			Petrissage		
Cold Towel			Desincrustation:		
Eyebrow & Eyelash			Tapotement		
Toner			Vibration		
Moisturizer			Removal of Product:		
SPF			used hot towel		
Eyelash Perming			Extractions:		
Eyelash Application			With Astringent		
Hair Removal			With Lancet		
Hard wax, Tweezing,			Glove Change		
Soft Wax			High Frequency:		
			Gauze Method		
			Sparking		

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Iontophoresis:
Product Application

Spray Machine

Body Treatment:-5
Exfoliation, Masks, Body
wrapping

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Practical Performance Completion Form	Daily Grade
18 VACS 41-70-200. Practical performance requirements.	
A. The curriculum for estheticians shall include the following minimum practical performances:	
Epidermal Cell Therapy Consultation Treatment	
Consultations, cleansings and analysis of face and body	/35
Epidermal Cell Therapy Express Facial Treatment	
Manual facials and treatments	/65
Epidermal Cell Therapy Signature Facial Treatment	
Machine or electrical facials and treatments	/50
Epidermal Cell Therapy Signature Body Treatment	
Body treatments and back treatments	/20
Epidermal Cell Therapy Signature Makeup Treatment	
Makeup	/25
Epidermal Cell Therapy Signature Hair Removal Treatment	
Hair Removal	/25
TOTAL	220

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Student Print Name_____ Date_____

Student Signature _____ Date_____

Instructor Print Name_____ Date_____

Instructor Signature_____ Date_____

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