Rotary Brush Machine - Mechanical Exfoliation of the Face
Enzymes & Herbal Exfoliators

Benefits
(How does it help the client?)

- Removes dead skin cells for the purpose of stimulating fresh, healthy skin renewal.
- Process improves the natural cell turnover.
- Assists in the cleansing process through means of mechanical exfoliation.
- Assist in a deeper exfoliates the top layer of skin.

Indications of Use
(Who is the ideal client?)

- Dull or uneven skin tone and texture
- An essential Prep procedure for extractions.

Precautions of Use
(Could treatment still be performed?)

- Ask the client to remove contact lenses.
- Over exfoliation can disturb the cell turnover rate
- The skin may have increased sensitivity and irritation
- Skin irritation.
- Any type of chemical exfoliation that has removed deeper layers of corneocytes of the stratum Corneum

Contraindications of Use
(Could you make it worse?)

- Extremely sensitive Inflamed skin conditions
- Open wounds, cuts, abrasions, or sores.
- Inflamed and Erupted skin lesion
- Do not use on red or sensitive areas or open wounds.
- Acne – Type 3 = May spread infection.
- Rosacea = Hypersensitive
- Sunburn

Pre- Procedure
(Client Greeting)

1. Client greeting and offer water
2. Have client fill out history intake form or follow up form
3. Escort client to changing area
4. Help client onto bed, cover hair and drape with towel.
5. **Consultation**- Review form with client and discuss treatment options and plans
6. Sanitize and glove hands according to gloving skill
7. **Magnifying Lamp** – (First Look)

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. **Pre-Procedure**
(Service)

1. Hand washing (Sec. 1)
2. Room Setup (Sec. 3)
3. Station Set up (Sec.4)
4. Sanitize and glove hands according to gloving skill
5. **Eyes:** -Cleanse one eye at a time with 1-2 drops of Makeup- Cleanser and damp gauze pads for each eye. Using light downward strokes, remove eye shadow and mascara.
6. **Lips:** -Apply makeup Cleanser onto gauze pads.
7. **Lips:** -Cleanse lips with 1-2 drops of Makeup- Cleanser, using damp gauze pad starting at bottom corner of lip and slide to center of top lip and stop. Repeat procedure on opposite side. Start at outer corner of upper lip and slide to center of lip and stop. Repeat procedure on opposite side. Repeat until lipstick is completely removed.
8. **Face: -**Pre Cleanse
9. **First Analysis: -** Magnifying lamp (First skin analysis)
10. **Basic Cleanse:**
11. **Second Skin Analysis:- -** Woods lamp (First skin analysis)

Pre-Procedure
(Supplies and Tools)

- Prepare Exfoliation Products - Mixing Scrub with buttermilk
  Measure products with the measuring spoons
  3/4 to 1 tsp of exfoliate
  1/8 of a teaspoon of Lactic Acid
  Add water to create a creamy consistency
- If using the steamer, turn it on.
- Apply a damp cotton round to each eye for protection during mask application.

Post-Procedure

- Do extractions if necessary.
- Apply antiseptic, use High Frequency
- Massage cream with massage movements.
- Remove massage cream
- Apply facial mask and allow to set.
- Remove mask, apply toner.
- Apply eye product
- Moisturize and apply sunscreen.
- Remove gloves according to Degloving skill

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Procedure

1. **Eye:** Apply eye pads or goggles and more exfoliate to the skin, until the skin is saturated.
2. **Sponge: --**You will need to have a sponge cut in half and dampened to hold skin taut as well as add moisture to skin.
3. **Brush Head: -**Using the large Goat Hair Brush dip the brush tips into water blot brush to remove excess water,
4. **Exfoliate & Brush: -**Apply exfoliate to tips of brush.
5. **Brush Machine: -**Insert brush into brush handle. Turn on brush machine making sure that brush is turning in counter clockwise direction. Adjust speed. For dryer skin, use slow, steady motion. Thicker, oily skin can tolerate a faster speed.
6. This procedure is a light polish using upward and outward movements.
7. **Neck: -** Begin movement using brush machine in counter clockwise circular movements on the right side of neck (cervical nerve) Use the dampened sponge with left hand to hold skin taut as you start on the right side of neck. Stay close to brush with sponge as you begin to move on neck
8. **Jaw: - -**Move upward using circular movements onto the jaw (mandibular nerve)
9. **Cheek: -** Continue to the cheeks (zygomatic nerve) using counter clockwise circular motions keeping sponge close to brush.
10. **Temple: -** Move up to temple (temporal nerve) still stretching skin with sponge.
11. **Forehead: -** Continue to forehead (supraorbital nerve) with same circular movements. Stop brush in the middle of forehead and remove brush from face. Detach large brush from handle.
12. **Brush Head: -** Dampen the bristles of small brush with water (squeeze out excess water.) Apply exfoliate to brush and insert into brush machine handle.
13. **Lip: -**Begin on right side (counter clockwise) under lip (mental nerve) move to middle of top lip (infraorbital nerve).
14. **Nose: -** Move to right side of nose (nasal nerve) with circular motions work on this side only
15. **Eye: -** Continue up to eye area (infraorbital nerve) working around beside right outer eye area.
16. **Brow: -** Continue movements with sponge up to brow (supraorbital nerve).
17. .Stop brush and repeat movements on left side of face
18. **Towel: -** Remove the exfoliation product with a warm towel following the Warm Towel Application and Removal skill.

<u>Maintenance and Infection Control</u>

- Detach brush from hand piece and wash with soap and water. Rinse and blot.
- Temporarily store in a dry ultraviolet sanitizer.
- When dry, transfer to a closed container.
- Dispose all disposable material.
- Clean brush head with warm soapy water. Immerse in hospital grade disinfectant for no longer than 20 minutes.
- Dry and place in dry sanitizer.
- Refill steamer.
- Clean steam machine with spray and disinfectant and use glass cleaner to clean mirror. Use clean cloth on glass because the paper towel and other paper products can damage the glass.
- Refer to OSHA and your state board

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Frequently Asked Questions

What types are names of the brush head attachments?

Handle

Large Goat Hair

Small Goat Hair

Foam Wheel

Polisher

Pumice

What types of manual exfoliation products are used?
Granular scrubs, gommages, roll off masks and scrubs made of ground almonds, apricot seeds and other natural grains.

How often is exfoliation needed?
It depends on the intensity of the grains, formulation consistency, and skin condition.
Ideally once every 4 week for treatment protocol.

FYI & Tips

Contraindications of this Procedure

- Risk of the skins protective barrier being damaged.
- Risk of red or sensitive areas.

Tip Clockwise (Direction starting at 12am-12pm) or counterclockwise (Direction starting at 12pm-12am)

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