Cannestro, Carlie

Onsite Protocol/Services – Forearms & Bikini

IECT Consultation & Cleansing & Analysis & Makeup & Facial Manual & Facial Mechanical & Body Treatment & Face Hair Removal & Body Hair Removal – Waxing Hair Follicle Assessment

Waxing Arms, Legs, Chest, & Back Bikini Waxing & Underarms

Week 16A & 16B

1. **Hand washing-**

➢ **Tip:** Wash hands 20 sec
   - **Nail brush**

2. **Gloving**
3. **Fold Laundry**
4. **Room Set Up**
   - ✓ Prepare warm towels – per day
5. **Station Set Up**
   - ✓ Prepare cold towels per 3 treatment
   - ✓ Prepare wax water
6. **Degloving**

➢ **Tip**
   - **Remember** glove to glove and skin to skin

7. **Greeting Client**
   - **Offer water**
8. **History Intake Form**
   - **Client Consultation**
   - **Escort Client to the changing area**
   - **Escort Client to the Facial Bed**
9. **Review Intake Form with client**
   - **Skin Consultation Form**
10. **Client Draping**
    - **Chest Towel**
    - **Facial Cap**
11. **Sanitize Hands**
12. **Gloving**
13. **First Look with Magnifying Lamp**
14. **Skin Composition Assessment**
15. **Consultation to determine and select Waxing Product**
    - **Product (Formulas) Retail Cleanser**
16. **Review Characteristics of the Skin**
    - Moisture Level

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Week 16A & 16B

- Visual/Elasticity
- Visual/Texture
- Temperature Control
- Visual/Sensations
- Visual/Permeability

17. Select Waxing Service – Lower Extremity/ Location

- **Lower Extremity Location**
  - Anal - apocrine
  - Bikini Line - apocrine
  - Buttocks
  - Groin - apocrine
  - Feet
  - Lower Legs
  - Toes
  - Upper Legs

18. Select Waxing Service – Lower Extremity/ Location

- **Upper Torso Extremity Location**
  - Abdomen
  - Abdomen Strip
  - Areola - apocrine
  - Back with Shoulders
  - Chest
  - Fingers
  - Forearms
  - Hands
  - Lower Back
  - Shoulders
  - Under Arms- apocrine
  - Upper Back

19. Select Waxing Service – Lower Extremity/ Location

- **Head & Face Location**
  - Back of Neck
  - Beard

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Week 16A & 16B

- Ears
- Face
- Cheeks
- Chin
- Neck
- Upper Lip

20.

21. Select Waxing Products – Hair Types & Characteristics

- **Hair Type**
  - ✓ Wavy
  - ✓ Straight
  - ✓ Curly
- **Shape of the Hair Follicle**
  - ✓ Texture
- **Size of the Hair Follicle**
  - ✓ Thickness

22. Prep Area for skin for Waxing Services

- ✓ **Degrease –** remove surface oil and bacteria

23. Prep Area for hair Waxing Services

- ✓ **Dry Brush –** loose hair form the skin surface
- ✓ **Skin Issues – Ingrown Hairs**
  - Extrafollicular – hair grows back into skin surface
  - Transfollicular – hair trapped under skin surface

24. Apply skin protectant product

- ✓ **Cornstarch powder – help absorb the oil and moisture on the skin surfaces**
- ✓ **Oil – create a film like layer on the skin surface**

25. Perform Waxing Skill Procedure

26. **Hard Wax Application Skill Procedure**

1) Load applicator with wax by dipping the applicator into the wax pot. You want to have the majority of your wax on the tip of the applicator. Use edge of the wax pot to scrape the excess wax from the back and sides of the applicator.

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Week 16A & 16B

2) Apply wax using the tip of the applicator. After applying wax turn applicator onto the side and use a figure 8 movement to spread wax evenly on the area to be waxed. This allows the wax to shrink wrap the hair.
3) Use the tip of the applicator to on the area that you have applied the wax to create a lip at the end of each strip. This allows you to have a tab to use when removing the wax.
4) Pull wax strip in the opposite direction of the hair growth pattern.
5) You will want to roll your wrist while pulling keeping as close to the skin as possible.
6) To help ease the discomfort for the client be sure to immediately cover the area waxed with your free hand.

27. Follow Post Waxing skill Procedure

28. Soft Wax application

1) Load applicator with wax by dipping the applicator into the wax pot. You want to have the majority of your wax on the tip of applicator not the back or dripping from the sides.
2) Apply wax at a 45 degree angle, slowly spreading wax while holding skin tight. You will want the wax to slowly roll off the applicator for a more even spread. Be sure that you apply wax in the same direction of the hair growth pattern.
3) Apply a pellon or muslin strip to the area to that you have just applied the strip of wax. To apply the strip you will use a sliding pressure in the same direction of the hair growth pattern.
4) Fold end of pellon or muslin strip to make a tab for pulling. Hold skin around area to waxed firm and tight. When removing strip you will want to pull in the direction opposite of the hair growth pattern. Be sure to roll the wrist as you remove the strip while staying as close to the skin as possible. To help ease the discomfort for the client be sure to immediately cover the area waxed with your free hand.
5) When using soft wax you do not apply the wax to the same area more than once. You may follow the procedure for hard wax removal to clean up the miscellaneous hairs that did not adhere to the strip

29. Follow Post Waxing skill Procedure

30. Serum Application

- Apply Ph. Balancer serum using massage movement
- Demonstrate –Tapotement Movement

31. **High Frequency (A/C)** using the glass electrode with neon gas. Gently gliding over the face. This creates a smoothing effect on the skin. Then use the sparking method over the area were sebaceous filaments are present
    - **Tips:**
    - Esthetician holds glass direct electrode.

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Week 16A & 16B

- Argon Electrode helps with killing bacteria on the skin surfaces when using the sparking method technique.

32. **Apply Mask –** assist with constricting the follicular opening, reducing inflammation.
33. **Remove Mask with cold towel and Blot face with tissue**
34. **Blot face with tissue**
35. **Sun Protection – SPF products or clothing**
36. **Complete Treatment/Services**
37. **Degloving**
38. **End the Treatment – Consultation for Follow up appointment**
39. **Product Recommendation - Retail**
40. **Gloving**
41. **Bed Making**
42. **Infection Control Procedure**
43. **Cleanup Duties**
44. **Review Protocol and Lesson**

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Institute Epidermal Cell Therapy Hair Removal **April 22-29, 2019**

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IECT Consultation & Cleansing & Analysis & Makeup & Facial Manual & Facial Mechanical & Body Treatment & Face Hair Removal & Body Hair Removal – Waxing
Hair Follicle Assessment
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Week 16A & 16B

Clinical Performance Grading Checklist

Practical/ Internship/VIP Day

Appearance: 6 **S U**

Hair

Make Up
Scrubs

Shoes

Undergarments

Jewelry

Attitude: 5 **S U**

Follows Directions
Interaction with other students
Interaction with Instructor
Interaction with clients
Interaction with staff members

Current Event: 4 **Y N**

Infection Control 24 **S U**

Infection Control 14

Infection Control/Set Up 10

Hand Washing

Gloving

Station Set Up

Room Set Up

Equipment Preparation

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Week 16A & 16B

Procedures: 12 **S U**

Drape
Mag Lamp
Pre Cleanse
Mag Lamp
Cleanse

Remove cleanser
With wet sponge

Makeup Application

Eyebrow & Eyelash
Tinting

Body Treatment:-5
Exfoliation, Masks, Body wrapping

Hair Removal
Hard wax, Tweezing,
Soft Wax

Woods Lamp 5 **S U**
Exfoliation: 4
Used steam
Apply with Hands/Brushes
Brush Machine
Towel 2
Hot & Cold Application & Removal

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Week 16A & 16B

Mask/Toner/Moist./SPF 10 S U
Mask Application
Applied with Hands/ Brush
Mummy Mask

Application/Removal

Cold Towel

Toner

Moisturizer
SPF
Eyelash Perming

Eyelash Application

Massage: 6 S U
Pressure during procedure Y N
Effleurage
Petrissage
Tapotement
Vibration
Removal of Product:
used hot towel

Machines: 22 S U

Vacuum
Desincrustation:
Steam
Product Application
Product Removal
Extractions:
With Astringent
With Lancet
Glove Change
High Frequency:
Gauze Method
Sparking

Iontophoresis:
Product Application

Spray Machine

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Practical Performance Completion Form 18 VAC 41-70-200. Practical performance requirements. Derived from Volume 23, Issue 25, eff. September 20, 2007.	***Total Required Practical Performance*** **220**	***Total Completed Practical Performance***
A. The curriculum for Estheticians shall include the following minimum practical performances per DPOR :		
IECT Epidermal Cell Therapy Consultation Treatment		
Consultations, cleansings and analysis of face and body *35 Performance Time - 15 minutes per Performance*	**35**	
IECT Epidermal Cell Therapy Express Facial Treatment		
Manual facials and treatments *65 Performance Time - 15 minutes per Performance*	**65**	
IECT Epidermal Cell Therapy Signature Facial Treatment		
Machine/Mechanical or electrical facials and treatments *50 Performance Time - 15 minutes per Performance*	**50**	
IECT Epidermal Cell Therapy Signature Body Treatment		
Body treatments and back treatments *20 Performance Time - 15 minutes per Performance*	**20**	
IECT Epidermal Cell Therapy Signature Makeup Treatment		
Makeup, eyebrows, and eyelashes		
25 Performance Time - 15 minutes per Performance	**25**	
IECT Epidermal Cell Therapy Signature Hair Removal Treatment		
Hair Removal – waxing and tweezing		
25 Performance Time - 15 minutes per Performance	**25**	

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Week 16A & 16B

Student Print Name_____ Date_____

Student Signature _____ Date_____

Instructor Print Name_____ Date_____

Instructor Signature_____ Date_____

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