

Current Events - Fact & Benefit Skin Related

Product Ingredients

Acne

Alfalfa decongestion, detoxifying a leguminous plant with clover like leaves and bluish flowers. Native to southwestern Asia, it is widely grown for fodder. Fact: Roots of Alfalfa reach up to 30 feet. That brings up minerals that aren't found at the surface. Benefit: Alfalfa includes vitamins A, D, E, and K. It contains B vitamins also.
Algae Extract detoxifying, provides mineral, hydrating plant extracts , antioxidants , thickeners/emulsifiers , emollients. Algae are simple, chlorophyll-containing organisms. Fact: This a controversial ingredient, where some say it's comedogenic, and others say it works great for acne. Benefit: Algae extract can normalize oil production.
Aluminum Acetate astringent, antiseptics salt that is used as a topical astringent to treat skin irritations from poison ivy poison oak and poison sumac. Fact: This heavy metal is found in the earth's crust and soil. Benefit: When using this ingredient on the skin, it is absorbed into the pores and swells. This swelling causes blockage within the pores and blocks sweat output.
Arbutin Glycoside controls uneven pigmentation It is extracted from the bearberry plant. It inhibits tyrosinase and prevents the formation of melanin. Arbutin is used as a skin-lightening agent. Arbutus found in wheat, and is concentrated in pear skins. Fact: This ingredient helps you get fairer complexion. Benefit: Helps get rid of acne scars. You could use arbutin glycoside instead of getting a chemical formulation.
Balm Mint Extract astringent, antiseptic Extract derived from a fragrant plant; it poses some risk of skin irritation Fact: Is a medium amber colored liquid. Benefit: Balm mint extract has soothing, rejuvenating, and restorative properties.
Benzoyl Peroxide

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From the benzoin tree. It is anti-inflammatory an antibacterial ingredient used in acne medications. Fact: You can use it as an antiseptic on the skin. Benefit: Works to reduce amounts of bacteria.
Bioflavonoids Vitamin P complex, maintains healthy blood vessel walls compounds found in grapes, berries, and other fruits; vegetables; wine; and tea that are claimed to improve endothelial function, Fact: Bioflavonoids are essential for absorption of vitamin C. Benefit: Has many metabolic functions in the body when taken orally or applied to skin.
Calamine Extract It is an astringent, cooling group of naturally occurring plant compounds, which act as plant pigments and antioxidants. Fact: The zinc oxide inside this ingredient works to repair the damaged tissue. Benefit: This ingredient has many active ingredients like zinc oxide and it helps reduce the appearance of scars and hyperpigmentation.
Camphor astringent, antiseptic, cooling a white, volatile, crystalline substance with an aromatic smell and bitter taste, occurring in certain essential oils. Fact: Helps tighten your pores. Benefit: Since camphor helps tighten your pores, it prevents pore-clogging.
Cedarwood Extract It is an astringent The method for extracting cedar wood oil from raw cedar wood as defined in claim 1 Fact: Cedarwood extract is extracted through distillation from piece of wood from a cedar wood tree. Benefit: When applied to the skin cedarwood extract help fight infection and reduces inflammation.
Centella Asiatica Extract It is healing and an antioxidant. It is known as centella and gotu kola, is a small, tender perennial plant Fact: Boosts antioxidant at the site of wounds. Benefit: This ingredient has anti-inflammatory properties.
Eucalyptus antiseptic, astringent, cooling

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a fast-growing evergreen Australasian tree that has been widely introduced elsewhere. It is valued for its timber, oil, gum, and resin, and as an ornamental tree.
Fact: Eucalyptus helps reduce oil production.
Benefit: Eucalyptus kills bacteria, dries out blemishes, and heals skin irritation.

Fennel Extract
detoxifying, healing
is a flowering plant species in the carrot family. It is a hardy, perennial herb with yellow flowers. Fact: This ingredient contains limonene, anethole, and myrcene. These ingredients help treat acne.
Benefit: Fennel extract helps tighten pores, reduce oil, and shrink large pores.

Geranium
astringent, antiseptic
a herbaceous plant or small shrub of a genus that comprises the cranesbills and their relatives. Geraniums bear a long narrow fruit that is said to be shaped like the bill of a crane.
Fact: This ingredient is used a lot in the Egyptian culture.
Benefit: Geranium regulates your skin's sebum production, therefore, helps prevent breakouts.

Green Tea Extract
astringent, reduce puffiness around the eyes
is a herbal derivative from green tea leaves
Fact: Green tea extract contains powerful antioxidants.
Benefit: Helps reduce inflammation in the skin.

Hyaluronic Acid
hydrating
a viscous fluid carbohydrate present in connective tissue, synovial fluid, and the humors of the eye.
Fact: Hyaluronic acid is a natural humectant.
Benefit: Helps counteract common acne issues or conditions.

Ichthammol
antibacterial, antiseptic
a brownish black tarry liquid. and used as an antiseptic and emollient
Fact: Has been used for centuries for humans and animals to increase circulation.
Benefit: Softens the tissue around your skin, which basically makes it easier for the skin to get rid of zits.

Kojic Acid
controls acne and uneven pigmentation

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IT is a chelation agent produced by several species of fungi, especially <i>Aspergillus oryzae</i>, which has the Japanese common name koji Fact: Antibacterial agent. Benefit: Kojic acid lightens hyperpigmentation.
Latis Maile (Alchemilla) Lady's Mantle, anti-inflammatory, healing the cleansing, massaging, moisturizing, etc., of the skin, Fact: Astringent properties. Benefit: This ingredient helps remove benign scars.
Lavender anti-inflammatory, calming, anti-bacterial a small aromatic evergreen shrub of the mint family, with narrow leaves and bluish-purple flowers. Lavender has been widely used in perfumery and medicine since ancient times. Fact: Lavender has antimicrobial and antioxidant characteristics. Benefit: Helps soothe and nourish the skin.
Manganese antiseptic the chemical element of atomic number 25, a hard gray metal of the transition series. Manganese is an important component of special steels and magnetic alloys Fact: Manganese is an active component of the enzyme manganese superoxide dismutase. Benefit: Helps absorb nutrients and heals wounds.
Marigold (Calendula) antiseptic, healing, calming Fact: Marigold petals are also known as calendula. Benefit: Helps calm the skin with its anti-inflammatory power.
Marine Plasma Extract healing in a mixture of water and propylene or butylene glycol. Fact: Fortified with aloe vera. Benefit: Helps control the production of acne-causing sebum.
Meadow Sweet Extract It is an anti-inflammatory Extract that can have anti-inflammatory properties Fact: Meadowsweet extract is a fragrant flower. Benefit: Boosts skin's natural defenses.
Menthol antiseptic, cooling a crystalline compound with a cooling minty taste and

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odor, found in peppermint and other natural oils. It is used as a flavoring and in decongestants and analgesics. Fact: Menthol dries out the skin. Benefit: Decongests the skin.
Milfoil Extract (Yarrow) antiseptic, antibiotic is a flowering ... devil's nettle, sanguinary, milfoil, soldier's woundwort, thousand-leaf, Fact: Yarrow is a herb and is used to make many different medicines. Benefit: Yarrow can be used to improve blood and circulation.
Myrrh disinfectant, anti-inflammatory a fragrant gum resin obtained from certain trees and used, especially in the Near East, in perfumery, medicines, and incense. Fact: This ingredient has astringent and anti-inflammatory properties. Benefit: Myrrh is used to cure dry, cracked skin by restoring skin cells.
Nettle Extract astringent any weedy plant, having serrated leaves with stinging exterior and green flowers. Fact: Is also referred to as stinging nettle. Benefit: Helps treat hormone imbalances.
Oak Bark strong astringent, antiseptic oak is a tree or shrub in the genus Fact: Oak bark can be roasted, grounded, and infused into warm water. Benefit: Heals skin inflammations and hemorrhoids.
Oleuropein olive leaves extract- emollient, anti-wrinkle is a compound found in olive leaf together with other closely related compounds. Fact: A concentrate supplement derived from the leaf of the olive plant. Benefit: Has anti-inflammatory properties.
Patchouli astringent, anti-inflammatory, decongestant the strongly scented shrub of the mint family from which this oil is obtained. Fact: Originated in Malaysia, China and Japan.

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Benefit: Patchouli has wound healing properties.
Peptopeptide Amino Acid protein building blocks, aids in reducing scar tissue and stretch marks Fact: These amino acids have identical amino acids to the protein found in our skin, nails, and bones. Benefit: Has stimulate cell rejuvenation benefits.
Potassium Alum astringent contains an amino group and a carboxylic acid group Fact: Acts as an astringent. Benefit: Potassium Alum helps heal damaged skin.
Propolis is a wound healing, pain killer, natural antibiotic, comes from the bees a red or brown resinous substance collected by honeybees from tree buds, used by them to fill crevices and to seal and varnish honeycombs. Fact: Also known as bee glue and hive gloss. Benefit: Known to boost immune system, heal burns, and protect wounds.
Resorcinol antiseptic, soothing, for itchy skin a crystalline compound originally obtained from galbanum resin, used in the production of dyes, resins, and cosmetics. Fact: Disinfects the skin. Benefit: Works by breaking down rough, scaly, or hardened skin.
Rosemary wound healing and an evergreen aromatic shrub of the mint family, native to southern Europe. The narrow leaves are used as a culinary herb, in perfumery, and as an emblem of remembrance. Fact: Rosemary is derived from herbs. Benefit: Rosemary works by reducing excess oil in the skin. Lessens skin redness and puffiness.
Sage Extract antibacterial, astringent, healing is a small evergreen plant, with woody stems, grayish leaves, and blue to purplish flowers native to southern Europe and the Mediterranean region. It is an herb commonly used to flavor meats and sauces. Fact: Known to be an anti-inflammatory and antiseptic ingredient. Benefit: Can reduce sweating up to 50%.

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Sassafras antiseptic, astringent, stimulating a deciduous North American tree with aromatic leaves and bark. The leaves are infused to make tea. Fact: Native to eastern North America and eastern Asia. Benefit: Has various antimicrobial properties.
Strawberry Root Extract astringent. IT is a substance made by extracting a part of a raw material, often by using a solvent. Fact: High in antioxidants. Benefit: Known to erase acne and oiliness on the skin's surface.
Sulfur It reduces sebum production and is healing. It is a yellow combustible nonmetal. Fact: Has antimicrobial properties. Benefit: Makes your top layers of skin dry and peel off, getting rid of acne conditions.
Tea Tree Oil healing, antiseptic, antibiotic an essential oil with a fresh camphor odor and pale yellow to clear. Fact: Tea tree oil is antibacterial. Benefit: Penetrates the skin and unblocks the sebaceous glands.
Tormentil It is a very strong astringent a low-growing Eurasian plant with bright yellow flowers. The root is used in herbal medicine to treat diarrhea. Fact: Strong astringent with anti-inflammatory characteristics. Benefit: Tormentil reduces itching, accelerates healing of wounds, and reduces growth of bacteria.
Vitamin A It balances sebum production and is another term for retinol. Fact: Powerful antioxidant. Benefit: Reduced the amount of sebum produced.
Vitamin A Palmitate It is not as strong as Vitamin A. It is a fatty acid found in palm oil. Fact: Body transforms this into retinol. Benefit: Prevents dead skin cells from clogging pores.
Vitamin B5 It is essential for increasing cellular integrity

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is essential to all forms of life Fact: Also known as pantothenic acid. Benefit: Reduces sebum production.
White Lily Extract It is an astringent and is infused with orange water and white lily extract to keep your lips hydrated. Fact: Can be used as an alternative herbal treatment. Benefit: Heals wounds and treats damaged and irritated tissue.
White Willow Extract It is used as an astringent. Fact: Has anti-inflammatory properties. Benefit: Natural source of salicylic acid, which helps exfoliate and clear pores.
Witch Hazel astringent, antiseptic shrub with fragrant yellow flowers that is widely grown as an ornamental. American species flower in autumn, and Asian species in winter. Fact: Acts as an astringent. Benefit: Removes excess oil from skin.
Zinc Sulfate antioxidant, anti-inflammatory, promotes healing and improves immunity is the inorganic compound. All of the various forms are colorless solids. Fact: Zinc is crucial for proper immune system function. Benefit: Promotes wound healing.
Zinc Oxide astringent, antiseptic an insoluble white solid used as a pigment and in medicinal ointments. Fact: This ingredient is anti-inflammatory. Benefit: Helps dry out oil production.