

PRE-CLEANSE (FACE)

Benefits:

- Removes facial makeup and oil.
- Prepares face for magnifying lamp assessment.

Indications:

- Client wearing makeup.
- Natural oils found on face.

Precautions:

- Make sure skin has been assessed with mag lamp (First look).
- Let client know why you're performing this step.
- Check temp of water to make sure it's not too hot.

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to Gloving skill.
- Mag lamp (First look).
- Eye cleanse.
- Lip cleanse.

Procedure:

- Take 2 pieces of small, single ply gauze and fold in half. Dampen each with warm water. Squeeze out excess water so as not to drip.
- Apply makeup remover to each piece of gauze and blot against hand towel.
- Starting at upper chest and using both hands, wipe from the center to the outer areas (towards shoulder area).
- Using the same motion, work up to platysma, mentalis, mandible, zygomatic arches, maxillae region, and nasalis. Work up towards hairline using small half moons on frontalis. Stop at temples.

- **Tip:** Be sure you bring gauze to the outer perimeter of the face, near the hairline so as to remove all makeup and oil.
- Keep folding gauze to clean areas and repeat until makeup is removed. Use up to 2 pieces of new gauze, if necessary.

Post-Procedure:

- Remove gloves according to Degloving skill.

Infection Control:

- Dispose used gauze in appropriate container.
- Do not touch makeup applicator top to gauze.
- Wipe container with disinfectant at end of facial.
- Refer to OSHA and your state board.

