

VACUUM SUCTION

Benefits:

- Aids in deep pore cleansing by drawing out impurities and sebum.
- Can be used on different areas of the face.
- Is suitable for back, decollete treatments, and lymph drainage.

Indications:

- Fine lines and wrinkles.
- Before extractions to loosen oil and debris.

Precautions:

- Sensitive skin
- Rosacea
- Thin skin
- Couperose skin

Contraindications:

- Infected acne condition

Pre-Procedure:

- Client greeting and offer water.
- Have client fill out history intake form or follow up form.
- Escort client to changing area.
- Help client onto bed, cover hair and drape with towel.
- Client consultation.
- Sanitize and glove hands according to gloving skill.
- Magnifying lamp (First look).
- Eye cleanse.
- Lip cleanse.
- Pre-cleanse (face).
- Magnifying lamp (First skin analysis).
- Basic cleanse.
- Second Skin Analysis (Wood's Lamp).
- Exfoliation.

Procedure:

- Add hydration or massage cream to face to create a smoother slide. Place on area of skin to be treated.
- Attach the vacuum glass tip to the hose.
- Turn power on and adjust suction.
- Cover finger hole with index finger before placing the vacuum on the skin.



- Stretch the skin taut with the opposite hand.
- Move the vacuum horizontally on the skin, continuing to hold the skin taut.
- Move the tip over the pores and include the creases near the nose.



- Slide off the face toward outer perimeter of the face.
- Remove finger from hole before taking vacuum off of face.
- Be sure to focus on fine lines and wrinkles and areas that will need to be extracted.

- Repeat 3 times over area.

**Post-Procedure:**

- Turn suction down and turn machine off.
- Remove glass electrode from hose and place in a container to be disinfected.
- Remove hydration or massage cream.
- Remove gloves according to Degloving skill.

Infection Control:

- Wash electrode with soap and hot water, then place in hospital grade disinfectant for 10 minutes.
- Rinse, dry, and store in a closed container.
- Refer to OSHA and your state board.