



SKIN CARE CONSULTATION FOLLOW UP

© 2002 L. Saphonia Gee

Name: _____ Date: _____

What recent changes have you noticed overall about your skin?

What changes have you seen in your skin attributable to your last treatment?

Is there a particular area in which you want to see improvement?

Are you satisfied with the results?

Do you have any questions for your therapist or esthetician?

Do you have an upcoming special event or are you traveling within the next 6 weeks?

Has there been a change in your...

☐ Medication

☐ Atrophy

☐ Capillary

☐ Desquamation

☐ Acne

☐ Collagen Degeneration

☐ Skin Care

☐ Hypertrophic Scar

☐ Pruritis

☐ Telangietasia

☐ Pigmentation

☐ Aging

☐ Water Intake

☐ Keloid Scar

☐ Diet

☐ Post Surgical Complications

OTHER:

☐ _____

Initials: _____



Esthetics Skillbook



Patient Name: _____ Follow Up Appointment: _____

MORNINGS (AM)

1. CLEANSER: *to remove product, dirt, oil, makeup.*

Dampen hands and apply product in upward and outward circular motion from the chin up. For men, upward and outward from the beard line above, downward and outward from the beard line below.

2. TONER: *to balance ph.*

3. MEDICATION: *to correct skin conditions within the epidermis.*

4. SERUM: *to stimulate within the deeper layers of the epidermis (stratum spinosum, stratum basale and mucosom).*

5. MOISTURIZER: *hydrates the upper layers of the epidermis (stratum corneum, stratum lucidum and stratum granulosum)*

Face _____

Eye _____

Lip _____

6. SUNBLOCK: *Apply 20 to 30 minutes before going outside.*

7. MAKEUP

How To Apply:

Liquid: spray

Pad: dab, wipe upward

Brush: upwards movement

Serum: palm, sandwich, dab

Cream: neck to forehead

Powder: towards hairgrowth

Manual Exfoliate: upward circular motion

Chemical Exfoliate: apply for one minute, then rinse.

Amounts:

Liquid: One drop

Cream: Pea size

Pump: 1 to 2 pumps

EVENINGS (PM)

1. CLEANSER: *to remove product, dirt, oil, makeup.*

Dampen hands and apply product in upward and outward circular motion from the chin up. For men, upward and outward from the beard line above, downward and outward from the beard line below.

2. TONER: *to balance ph.*

3. EXFOLIATE: *to retexturize the epidermis.*

4. MEDICATION: *to correct skin conditions within the epidermis.*

5. SERUM: *to stimulate within the deeper layers of the epidermis (stratum spinosum, stratum basale and mucosom).*

6. MOISTURIZER: *hydrates the upper layers of the epidermis (stratum corneum, stratum lucidum and stratum granulosum)*

Face _____

Eye _____

Lip _____

7. MASK: *specific treatment for the epidermis.*

8. TARGET AREA:



Esthetics Skillbook

FACE AND BODY ASSESSMENT FOR HAIR REMOVAL

Date _____

Name _____

Skin Type Normal ☐ Dry ☐ Oily ☐ Combination ☐

Skin Texture Thin ☐ Medium ☐ Thick ☐

Thickness of Hair Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Tweeze between Visits Every Day ☐ Every Other Day ☐ 3 times a week ☐ Once a week ☐ Less than once a week ☐

Length of Hair Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Texture of Hair

Cheek Area Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Chin Area Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Forehead Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Entire Face Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Brows Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

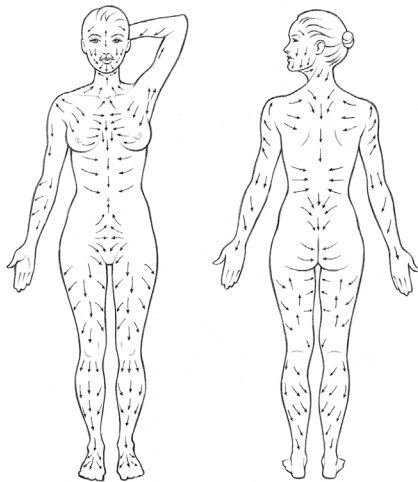
Bikini Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Leg Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Underarm Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Arms Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐

Head Lowest ☐ Low ☐ Medium ☐ High ☐ Highest ☐



Shape of Eyes Round ☐ Close Set ☐ Protruding ☐ Heavy Lidded ☐ Dark Circles ☐ Small ☐ Deep Set ☐

Direction of hair Growth

Face

Body

Method of Hair Removal Waxing (hard or soft) ☐ Blading/Razoring ☐ Threading ☐ Electrology ☐ IPL ☐
Tweezing ☐ Sugaring ☐ Other ☐ _____

Lesions Moles ☐ Erythema ☐ Comedone ☐ Milia ☐ Spider Veins ☐
Telangiectasia ☐ Warts ☐ Other ☐ _____

Other Diseases/Disorders Dehydrated Skin ☐ Keratosis/Keratoses ☐ Irritation ☐ Erosion ☐ Melanoma ☐ Sun Damage ☐
Seborrhea ☐ Rosacea ☐ Scar ☐ Enlarged Pores ☐ Couperous Skin ☐ Asphyxiated ☐ Ulcer ☐
Hyperkeratinization ☐ Sensitivities ☐ Adult Acne ☐ Atrophy ☐ Other ☐ _____

Do you have a history of Circulatory Disorders ☐ Lupus/DLE ☐ Diabetes ☐ Eczema ☐ Epilepsy ☐ Seborrhea ☐ Herpes ☐
Hemophilia ☐ Dermatitis ☐ Psoriasis ☐ Pregnancy ☐

Are you using Azelex ☐ Differin ☐ Renova ☐ Retin-A ☐ Tazarac ☐ Accutane ☐ AHA/Glycolic Acid ☐

Undergoing Skin Treatments No ☐ Yes ☐ _____

Skin Disorders ☐ Lack of skin sensation Location: _____
☐ Sunburn Location: _____
☐ Scar Tissue Location: _____
☐ Mole(s) Location: _____
☐ Fracture(s)/Sprain(s) Location: _____
☐ Varicose Veins Location: _____
☐ Prescription medication(s) Location: _____

Pain Scale Very sensitive ☐ Sensitive ☐ Medium ☐ High tolerance ☐ Highest tolerance ☐

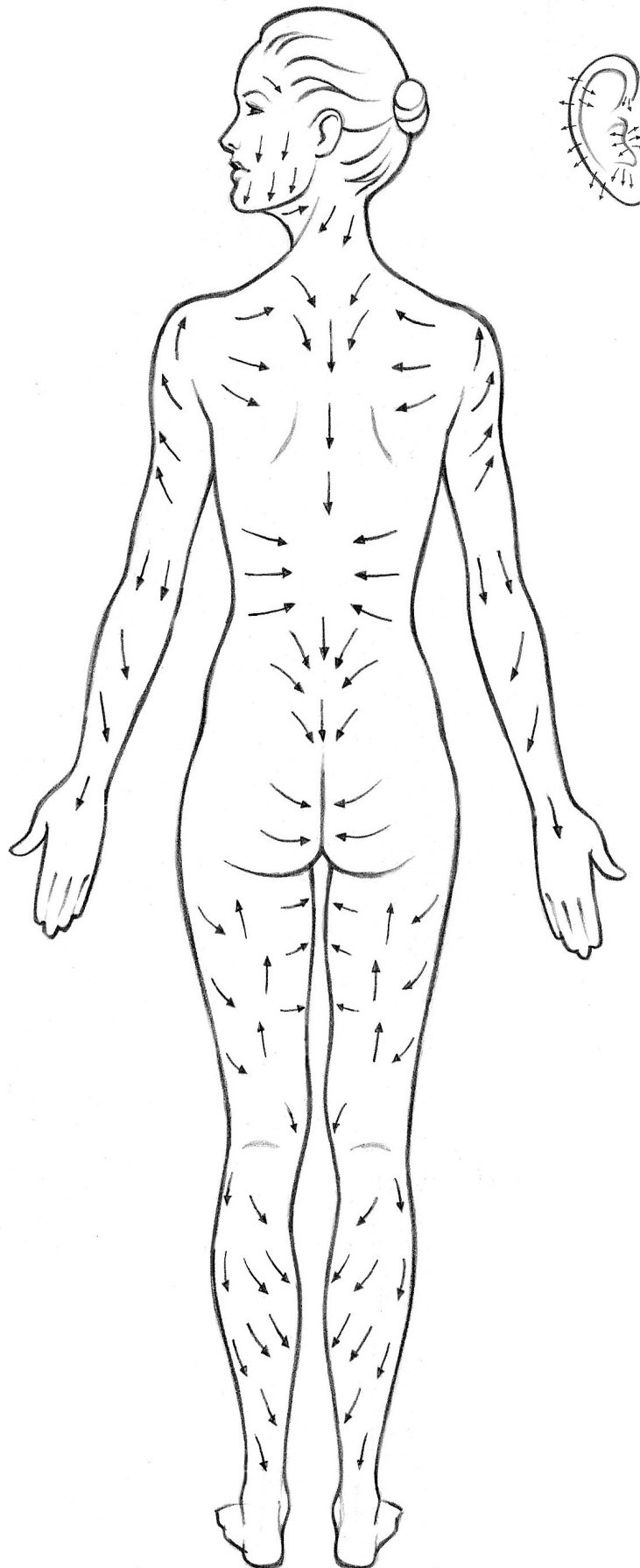
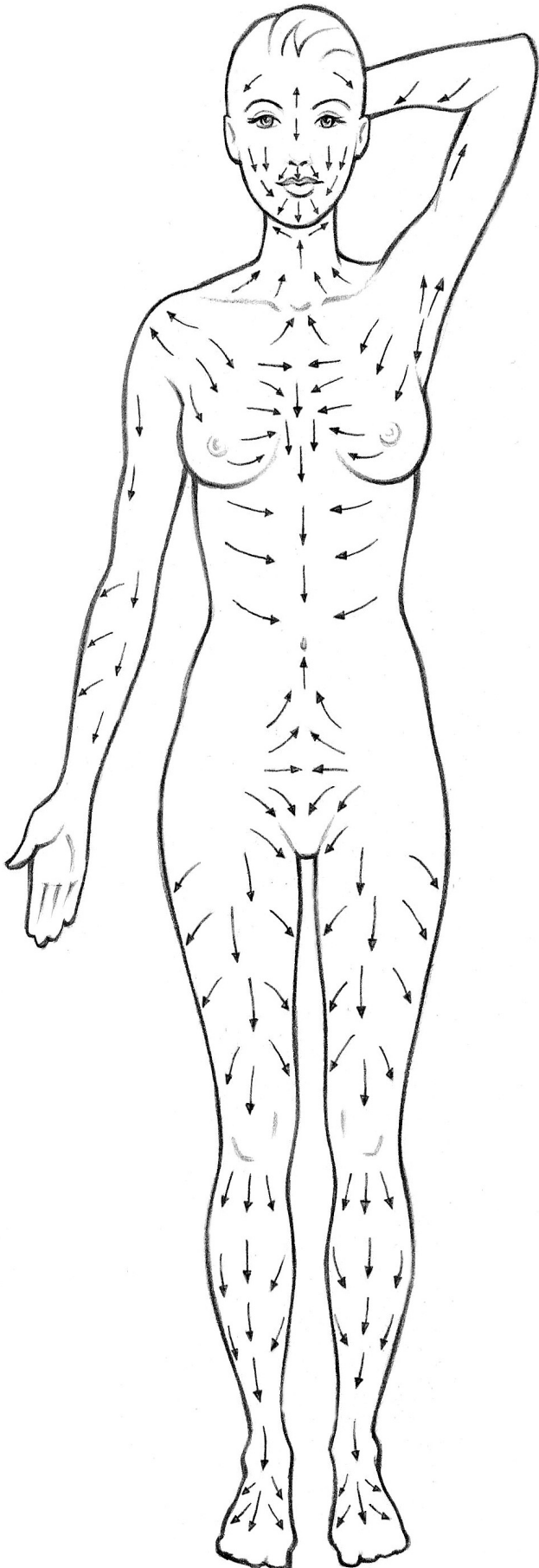
Time: _____ **Location:** _____

Temperature of Wax: _____ **Setting of Machine:** _____



Esthetics Skillbook

HAIR REMOVAL ASSESSMENT





Epidermal Cell Therapy Signature Waxing

Hair Removal Treatment Notes

Basic Esthetics Treatment Notes

Patient: _____ Date: _____ Esthetician: _____
 Esthetician Design Protocol _____

Services time ____ 60 min ____ 90 min ____ 120 min Series _____ of _____
 ____ Facial ____ Body Treatment ____ Waxing ____ Special Treatment: _____

Pre-Treatment Notes: _____

Target area _____

Hair Removal

____ Tweezing ____ Shaping ____ Hard Waxing ____ Soft Waxing

Extractions ____ No ____ Yes

Location _____		
☐ Face _____ min	☐ Eyes _____ min	
☐ Hands _____ min	☐ Neck _____ min	
☐ Back _____ min	☐ Feet _____ min	
☐ Chest _____ min	☐ Arms _____ min	
☐ Legs _____ min	☐ Ears _____ min	
☐ Nose _____ min		

____ Special Treatment: _____

Tinting

Lashes _____ Brow _____
 Color _____

Moisturizer 1 _____

Mask 1 ☐ Swd ☐ B&H ☐ Clr Cmplx ☐ C&C
 2 _____

Post-Treatment Notes: _____

 *Signature*****Date



Esthetics Skillbook



Patient Name: _____ Follow Up Appointment: _____

MORNINGS (AM)

1. CLEANSER: *to remove product, dirt, oil, makeup.*

Dampen hands and apply product in upward and outward circular motion from the chin up. For men, upward and outward from the beard line above, downward and outward from the beard line below.

2. TONER: *to balance ph.*

3. MEDICATION: *to correct skin conditions within the epidermis.*

4. SERUM: *to stimulate within the deeper layers of the epidermis (stratum spinosum, stratum basale and mucosom).*

5. MOISTURIZER: *hydrates the upper layers of the epidermis (stratum corneum, stratum lucidum and stratum granulosum)*

Face _____

Eye _____

Lip _____

6. SUNBLOCK: *Apply 20 to 30 minutes before going outside.*

7. MAKEUP

How To Apply:

Liquid: spray

Pad: dab, wipe upward

Brush: upwards movement

Serum: palm, sandwich, dab

Cream: neck to forehead

Powder: towards hairgrowth

Manual Exfoliate: upward circular motion

Chemical Exfoliate: apply for one minute, then rinse.

Amounts:

Liquid: One drop

Cream: Pea size

Pump: 1 to 2 pumps

EVENINGS (PM)

1. CLEANSER: *to remove product, dirt, oil, makeup.*

Dampen hands and apply product in upward and outward circular motion from the chin up. For men, upward and outward from the beard line above, downward and outward from the beard line below.

2. TONER: *to balance ph.*

3. EXFOLIATE: *to retexturize the epidermis.*

4. MEDICATION: *to correct skin conditions within the epidermis.*

5. SERUM: *to stimulate within the deeper layers of the epidermis (stratum spinosum, stratum basale and mucosom).*

6. MOISTURIZER: *hydrates the upper layers of the epidermis (stratum corneum, stratum lucidum and stratum granulosum)*

Face _____

Eye _____

Lip _____

7. MASK: *specific treatment for the epidermis.*

8. TARGET AREA:
