

EYEBROW TWEEZING

Implements and Materials:

- Towels.
- Tweezers (needle nose, pointed and slant tip).
- Cotton balls or pads.
- Eyebrow brush/comb.
- Eyebrow scissors.
- Emollient cream.
- Antiseptic lotion.
- Gentle eye makeup remover.
- Astringent.
- Disposable gloves.

Pre-Procedure:

- Seat the client in the facial chair in a reclining position, as for a facial massage, or seat the client in a half-upright position and work from the side.
- Discuss with client the type of eyebrow arch suitable for his or her facial characteristics.
- Drape a towel over the client's clothing.
- Wash/dry hands thoroughly and put on disposable gloves.

Procedures:

- Cleanse the eyebrow area with a cotton pad moistened with gentle toner.
- Brush eyebrows with a small brush.
- Use a mild antiseptic on a cotton pad prior to tweezing to clean and prepare the area.
- Remove the hairs between the brows. When tweezing, stretch the skin taut with the index finger and thumb or middle finger. Grasp each hair individually at the base of the follicle with tweezers and pull with a steady, smooth motion in the direction of the hair growth. Some estheticians start between the brows and above the brow line, because the area under the brow line is much more sensitive; others start underneath.
- Sponge the tweezed area with moistened, non irritating antiseptic lotion to avoid infection.

- Brush the hair downward. Remove hairs from above the eyebrow line.
- Shape the upper section of one eyebrow. Then shape the other brow.
- Brush the hair upward. Remove hairs from under the eyebrow line. Shape the lower section of one eyebrow. Then shape the other.

Post-Procedure:

- Apply post epilation lotion to remove any wax residue.
- After tweezing is completed, apply the astringent to contract the skin.
- Brush the eyebrow hair in its normal position.
- Optional: Apply emollient cream and massage the brows. Gently remove the cream with a cotton pad.
- Wash hands with soap and warm water.
- If the eyebrow tweezing is part of a makeup service, continue procedure.
- Remove the towel from the client and place it in the designated hamper.
- Accompany the client to the reception area to schedule their next appointment. The eyebrows should be tweezed about once a week.

Maintenance and Infection Control:

- Discard all disposable materials into the designated waste containers and sanitize all implements. Wash tweezers in hot soapy water, rinse, dry, and place in Barbicide for 20 minutes. Remove from Barbicide, rinse again with water, dry thoroughly, and place in dry sanitizer for 20 minutes.
- Always wash your hands before preparing and setting up for service and immediately after any service before walking the client to the front area.
- Refer to OSHA and your state board.

Frequently Asked Questions:

Where is the arch supposed to start?

Start the arch above the pupil at a slight angle.

Can client tweeze at home?

Yes, one hair at a time and follow the shape performed at appointment.

What color should the brows be?

The brows should be a color similar to color of client's hair.

